



MARCH 2020

“Come to me, all who labor and are heavy laden, and I WILL GIVE YOU REST. ”
Matthew 11:28



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Gr. 3/4 classes to the Sugar Bush 	4 Drum Fit Gr. FDK-5	5 Possible Strike Day—please check https://www.st-clair.net/	6	7
8  Daylight Savings Time Begins!	9	10 	11 Gr. 7 & 8 Little Caesar Kit Pick Up	12 	13 FREEZE FRIDAY 	14
15	16	17	18	19	20	21
MARCH BREAK—Rest and Recharge!						
22	23	24 	25	26 	27	28
29	30	31 				

WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose or a mild cough, but no other symptoms and can participate in school activities.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours and didn't need medicine.



Keep me at home if...

If I have a temperature higher than 37.7 degrees.

I have been throwing up or have had diarrhea in the last 24 hours.

My eyes are red and painful with discharge that keeps coming back during the day.

I have been having body aches, fatigue, and headaches.

I have a sore throat with a fever.

I have a harsh cough and don't feel able to participate in school activities.

I have an undiagnosed rash.



Follow up with my Health Care Provider if...

I have had a fever for more than 2 days.

I have had a sore throat and fever for several days. I've been throwing up or have diarrhea for more than two days.

I've had a cough for more than a week, and it isn't getting better.

I have had a fever and now have a rash.



Follow us to good health!



To reach a public health expert, contact us at:

Main Office, 435 Grand Ave W, Chatham, ON, N7M 5L6, p 519.352.7270

Clinic Services, 177 King St E, Chatham, ON, N7M 3N1, p 519.355.1071

www.ckpublichealth.com

School Newsletter, March 2020: Parish News

School Confessions:

March 10 St. Vincent 9:30-11:30

March 11 St. Agnes at the church 9:30-11:30

March 12 Monsignor Uyen 9:30-11:30

March 24 Our Lady of Fatima 9:30-11:30

Stations of the Cross:

Every Friday during Lent at St. Agnes Church from 7:00-7:30, various groups from our Chatham Catholic Family of Parishes will lead us in the Way of the Cross. Come pray this special prayer with your family as we prepare for Easter. First Communion parents and children will lead one of the evenings on Apr. 3rd. Other dates are Feb. 28, Mar. 6, Mar. 13, Mar. 20, Mar. 27.

Lenten Day of Reflection

The Chatham Catholic Family of Parishes invites you to attend a one day Lenten Retreat at St. Ursula's Church on Saturday, Mar. 21 from 9 a.m. to 3 p.m. The retreat facilitator will be Fr. John Comiskey. Please contact Colleen Keane at 519352-8530 if you intend to come. Light lunch will be provided.

First Holy Communion Retreat Days

Grade two students and their parents will be attending a retreat to prepare for their First Holy Communion on either Saturday, March 28th from 9:15-11:45 a.m. or Sunday, March 29th from 1:00-3:30 p.m. at St. Agnes Church. Pre-registration was required. Please pray for all the children and their families who will be receiving Jesus in the Holy Eucharist for the first time.

Sunday Mass Schedule: Please come and join us at the Sunday Eucharist

Saturday, 5:00 p.m.	Blessed Sacrament
Sunday, 8:00 a.m.	St. Joseph
9:00 a.m.	Blessed Sacrament (Sunday Friends for ages 3-7)
9:30 a.m.	Our Lady of Victory (English)
10:00 a.m.	St. Ursula (Sunday Friends for ages 3-7)
11:00 a.m.	St. Agnes (Sunday Friends for ages 3-7)
11:00 a.m.	Our Lady of Victory (Polish)
12:00 noon	St. Joseph (Sunday Friends for ages 3-7)