



ST. CLAIR CATHOLIC
DISTRICT SCHOOL BOARD

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Important school updates are regularly being posted to Edsby. If you have not yet had the opportunity to do so, I encourage you to sign up. If you are having any issues accessing Edsby, please do not hesitate to email:
derek.morrison@sccdsb.net



OUR VISION

Catholic Education † Future Ready

OUR MISSION

Learning together today, transforming tomorrow

Sacred Heart Catholic School



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Principal: D. Morrison

Secretary: E. Helps

June 2020 NEWSLETTER

Principal's Message

Dear Families,

Well, this is certainly not how I expected us to be wrapping up the school year. I am aware of the tremendous strain this pandemic has placed upon many of our students and families. Having said that, I am so proud of the resiliency, perseverance and adaptability demonstrated by the entire Sacred Heart Catholic School Community. I would like to use this space to thank those school community members today.

To the students of Sacred Heart, thank you for making every day special. Your smiles and laughter brought me endless joy and it made me so happy to see your determination payoff in your excellent work. I would especially like to thank the grade 8 students who were always ready to be the leaders we needed them to be. They never hesitated when asked to do something for the betterment of their school.

To the parents, grandparents and all other family members of Sacred Heart students, thank you for always supporting the school and advocating for the students. Your engagement is what makes Sacred Heart a true "community" school.

Finally, to the staff of Sacred Heart, thank you for your professionalism, compassion and endless commitment to our students. Your hard work and talent is reflected in the joy and success of our students.

My email address is **derek.morrison@sccdsb.net**, I check it frequently, please do not hesitate to contact me for any reason.

Take Care and stay safe,
Derek Morrison

A Message from Mrs. Mellow

Hello Sacred Heart students and families! I hope you are all safe and well during these distance learning times. I am so excited to be coming to Sacred Heart in the fall as Principal and just wanted to take a quick minute to introduce myself to you! Normally at this time with a new Principal for the school, we would have the chance to meet and chat face to face. However, during these unusual times, we have to be a bit creative! It is still very important to me that we have this opportunity so if you click on the link below, you can see a quick video introduction! <https://youtu.be/KACHjHSI-hI>.

Thank you so much to everyone for already reaching out and welcoming me; I appreciate your kindness and amazing dedication to the school. I also want to thank Mr. Morrison and the staff for such a warm welcome and want you to know that we have been working hard, together, to ensure this is a smooth transition during these very different times. Know that we have your best interest in our hearts and are continuing to ensure we have our students and families needs at the forefront.

As mentioned in the video, here is the Flipgrid Link to join our "Meet & Greet": <https://flipgrid.com/4671ce8e>. If at any time you ever have any questions or concerns, please don't hesitate to contact me via email (courtney.mellow@sccdsb.net). I look forward to working together as a school family, in our beautiful Port Lambton/Sombra Township community.

Stay safe & well, enjoy the rest of your year, and see you in September!

Yours in Catholic Education,
Mrs. Mellow

School Advisory Council

We have come to the end of another school year and we would like to thank all of the dedicated parents who are members of the 2019-2020 School Advisory Council. Your involvement in your children's education is one of the single more important things you can do for your family. Thank you! Your support and generosity has been greatly appreciated.

Our final School Advisory Council Meeting will take place on "Google Meet" at 6:00 pm on Thursday, June 11th. Courtney Mellow will be joining us to introduce herself to the members of the council.

Parish Connections

As this school year comes to an end, I would like to thank our wonderful parish team for their ongoing support within our school community. Father Chris, Father Gerard, Dorothy DeBakker and Virginia Eade have been instrumental in nurturing the faith development of our students.



All in person Parish activities have been cancelled for the time being. Events regarding sacraments this year have been postponed until further notice.

The Parish facebook page ([For Heaven's Sake](#)) as well as the parish website www.klrcfp.com are excellent resources. Connect with online masses, podcasts and the popular new animated series "Just Ask Fr. Chris".

There is also a new 'button' to the website that has [Updates and Resources](#) that our families can check out.

June Happenings

Collection of Personal Items

Recently the Government of Ontario announced that plans are being made to allow School Boards to establish protocols for students to retrieve their personal belongings from their school. Please know that our school board will be posting a message in the near future once the protocol has been approved. Considering this, I will post further details about what this looks like for Sacred Heart when appropriate to do so.

Grade 8 Graduation

On Friday afternoon, parents who have students in Grade 8 were sent a message from our Director of Education regarding Graduation Celebrations for all schools in our Board. Considering this memo, I am currently working with Mr. Bertrand, grade 8 parents and students, and members of our parish, as well as my colleagues at other local elementary schools to determine a way to celebrate the accomplishments of our grade 8 students virtually within the context of our Catholic School setting. To the parents of grade 8 students, please know that more information will be coming in the near future. Just a reminder that there will be a "Google Meet" for any grade 8 parents interested in assisting with planning on **Tuesday, June 2nd at 6:00 pm**. Please contact me if you plan to attend the meeting and have not already done so.

Year End Celebration

On Wednesday, June 24th, a slide deck will be released to all Sacred Heart families. This will include a prayer from Fr. Chris, an address to the students and families from myself, the year end student award recipients and an acknowledgment of the staff members and grade 8 students who will be leaving Sacred Heart Catholic School.



Virtue of the Month ~ Gentleness

Our Fruit of the Spirit for the month of June is "Gentleness". I will acknowledge students who display tenderness when dealing with others and with creation. Parents, if you see examples of this please let me know. derek.morrison@sccdsb.net

May Recognition - Modesty

Our Fruit of the Spirit for the month of May was "Modesty". I would like to acknowledge the students who took pride in their achievements using behavior that is respectful and humble.

The students being recognized for demonstrating "Modesty" in May and throughout the entire school year are:

All 123 Students at Sacred Heart Catholic School!!!

Throughout the school year, it has been a blessing for me to have the opportunity to interact with and get to know every student in the school. One of my great joys is to discover the gifts and talents possessed by each individual student, that were previously unknown to me. Congratulations to all 123 students at Sacred Heart Catholic School who share their many gifts and talents, while demonstrating respect and humility when interacting with others.



Kindergarten Registration for Classes Beginning September 2020

If you missed our kinderSTART event ... don't worry! You still have plenty of time to register. Parents and guardians can now submit the Kindergarten registration form directly online!



It's another option for you – choose the option that best suits you!

- Visit the Board website at <https://kreg.sccdsb.net/> to complete then submit the registration form online. You will be contacted by the school to confirm your registration.
- Or, you can download and print the registration form, fill it out and bring it to the school.
- Or, make an appointment or drop by the school and pick up a registration package.

We look forward to welcoming your child to Kindergarten next September!

Dear Parents,

The mental health and wellbeing of our students and families is extremely important to me. The “Parent Learning Hub” on the SCCDSB site is an excellent source for information. You may want to check out the live “Serenity Sessions” being offered by the SCCDSB Mental Health and Wellbeing team. I am always available to direct you toward mental health resources, or contacts. Please do not hesitate to reach out at any time.
derek.morrison@sccdsb.net

<h1><u>Monthly Wellbeing</u></h1> <h1>June</h1>	 <p>Well-being St. Clair Catholic District School Board</p>
<h2>Gentleness</h2>	 <p>School Mental Health Ontario</p> <p>Santé mentale en milieu scolaire Ontario</p>
<p>What is Gentleness?</p> <p>Gentleness is a strong hand with a soft touch. It is the quality of being kind.</p> <p>Gentleness Through Actions:</p> <p>Showing gentleness through our actions creates for a healthier environment to play, grow, live and learn in. This can look like:</p> <ul style="list-style-type: none">♦ Playing carefully without causing harm –to self and others♦ Treating belongings with respect – yours, friends, families & teachers♦ Thinking the best for someone, hopes for the best, and encourages the best <p>Gentleness creates mindful-awareness to develop focused attention, emotional balance and wellbeing.</p> <p>Gentleness Teaches:</p> <ul style="list-style-type: none">♦ Strength♦ Mindfulness♦ Respect♦ Accountability	<p>Gentleness Tips:</p> <ul style="list-style-type: none">♦ Speak to others with sensitivity, tolerance & compassion♦ Care for people around you –students, children and environment♦ Take time to find peace in your day –walks, talks and meditation♦ Know how to apologize – take responsibility for your actions
<p>Gentleness Challenge</p> <p>Create a space in your classroom, or home that promotes gentleness; This could be a wall, table or jar. Once you have established the space place images or write words that will give reminders to be gentle. This will help to notice the good qualities in yourself and others, reinforcing kindness and gentleness.</p>	<p>Gentleness Resources:</p> <p>School Mental Health Ontario https://smh-ontario.ca/</p> <p>Faith & Health Connection https://www.faithandhealthconnection.org/</p> <p>Mind UP https://mindup.org/</p> <p>Andy Mort https://www.andymort.com/</p>
<p>Let your gentleness be evident to all. The Lord is near. Philippians 4:5</p> <p>For more information, contact Chris Preece at chris.preece@sccdsb.net</p>	<p>Reminder!</p> <p>Ask your children about Mind -UP. A program done within our classrooms that encourages gentleness practices!</p> 