

Ursuline College School Advisory Council Minutes
Tuesday, November 26, 2019

- 1.0 Prayer
- 2.0 Adoption of Agenda
- 3.0 Adoption of Minutes (Hanh Vo)
- 4.0 Correspondence - none
- 5.0 Reports:
 - 5.1 Parent Council Positions Chairperson – Martha McGregor
Secretary – Hanh Vo (regrets)
Community Rep – Renee Handsor (regrets)
Board Advisory Rep – Michelle MacLean, Joanne Munroe – no report
 - 5.2 Guest Speaker Jeff Moco – Teen Vaping
Youth Engagement Coordinator
Chronic Disease and Well Being Team | CK Public Health

Jeff spoke about the role he fills for the Public Health Unit dealing with supporting schools when it comes to vaping. Jeff reported that vaping/e-cigarettes has become a 45 billion dollar industry. Two tobacco industry funding this new industry are Marlboro in the US and Du Maurier in Canada. Juul is the largest vape producer in the US with 70% of the market. These devices are an alternative to smoking a combustible product however, the addictive quality of vaping far exceeds that of cigarettes. Vaping ingest nicotine through a vapour salt formation that is absorbed by the body. The moisture into the lungs is a one of the health concerns with excessive vaping.

It is estimated that youth with \$44 a week disposable income are at greatest risk of using vaping products. The cheaper the vape device the more problems associated with the device and chemical mixture of the vape pods. There are about 80-100 puff per pod and 40 nicotine. Lowest does is 18mg nicotine per pod (equates to 18 cigarettes)

The challenge with vaping comes when a person tries to quit. Data for Chatham Kent youth estimates that 10-12% grade 7/8 students have vaped. 24% grade 9, 32% grade 10, 34% grade 11 and 40% grade 12 students have vaped.

Health concerns / side effects include nicotine addiction, lack of REM sleep, frequent washroom breaks, increase thirst, increasing dental issues, acne around mouth and oral hygiene concerns.

- 5.3 Principal
 - 5.3.1 Student Council Report - Vivian Nguyen (no report)
 - 5.3.2 Year to Date Review
 - We Scare Hunger, Oct 31
 - Take your Kid to Work Day, Nov 6
 - Remembrance Day Service, Nov 11
 - MyBlueprint Classroom Blitz, Nov 13-14
 - Report Cards, Nov. 14
 - Christmas in Muskoka – Nov 19-23
 - Graduation Photos, Nov 19-Dec 6
 - PD Day – School Improvement Planning, Nov 22
 - 5.3.3 Upcoming Events
 - UCC Enrichment Day, Nov 28
 - Grade 7/8 Teacher Transition to High School Session – Nov 28
 - Arts Carousel – Nov 28, 6 to 8 pm

- Reconciliation - Dec 4
- Grade 10 Financial Literacy Presentation – Dec 5
- Pedegape Community Christmas Dinner - Dec 5 5:30 pm
- Lancers for Life – Violence against women white out day – Dec 6
- Arts Department Christmas Concert – Dec 11- 10 am Matinee Show
 - Dec 12 - 7 pm Evening Show
- Advent Mass – Dec 18

6.0 Future Business

- 6.1.1 SCCDSB Strategic Plan / School Improvement
- 6.1.2 School Budget
- 6.1.3 Open to Suggestions

8.0 Next Meeting and Future Meeting Dates

Tuesday, February 25 Tuesday, April 28 Tuesday, May 26