



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: Ursuline College Chatham Date: January 2021

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students 2 Teaching Staff 1 Non-Teaching 1 Parents 1 Community 1 Admin 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal:	Specific Implementation Strategies:	Timelines	Indicators of Success:
Staff, students, parents and school community promote and sustain student well-being and positive behaviour in a safe, accepting, inclusive and healthy learning environment.	Lancer Link Gr. 9 Day (Virtual) Conduct Assemblies (Virtual) Youth Officer – CK Police Service Daily Prayer/Meditation Lancer Vision Student Council Promotion and embracing OCGE’s	- during grade level assemblies (virtual) beginning of each quadmester - ongoing throughout the school year - embedded in classroom teaching	- reduction in the number of reports to the office by students who are being harassed or bullied - number of referrals to the school social worker

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Is this goal related to: - School Climate Survey - OCGE's	Stakeholders involved in the implementation and outcome of this goal: - all staff - Lancer Link Team - Leadership Class - Youth Officer - Student Council - Chaplain - School Social Worker	How will you communicate the goal to stakeholders? - Morning prayers/announcement - Lancer Vision - School Newsletter - School Website - Staff and Department Head Meetings - EDSBY
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Goal #2:			
Specific Goal: To educate our students about the impact of social media on their lives, and as a staff work together to support them with mental health needs.	Specific Implementation Strategies: - provide current training for all staff (Speakers Series) - Guest Speakers (students and staff) - explicitly teach students how to respond to unfavourable content on social media - Kindness week activities - Mental Health Week activities (May)	Timelines - ongoing	Indicators of Success: - increased communication and conversation about the positive and negative impact of social media on students - fewer referrals to office in regards to negative social media
Is this goal related to: - School Climate Survey - Staff needs and input – to build staff capacity on the effects of social media on students	Stakeholders involved in the implementation and outcome of this goal: - staff - students - Youth Officer - School Social Worker	How will you communicate the goal to stakeholders? - School newsletter - PD Days - Curriculum connections - Morning prayers/announcements - Lancer Vision - Conduct Assemblies (Virtual)	

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Goal #3:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders?	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates Spring 2021 _____