

# STUDENT TRUSTEE REPORT

## October Issue



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## FALL IS IN THE AIR

As the seasons change, the school year begins to unravel even quicker than before. Over the course of October, the St. Patrick's community was involved in many exciting events! Staff and students had the opportunity to discover the truth about the origin of Orange Shirt Day and the stigma behind mental health. Fall traditions such as Homecoming and the Academic Awards brought back old memories while adding on to the legacy. Lastly, the importance of maintaining a healthy lifestyle was promoted through the annual Great Big Crunch. All things considered, St. Patrick's is in for a remarkable year!

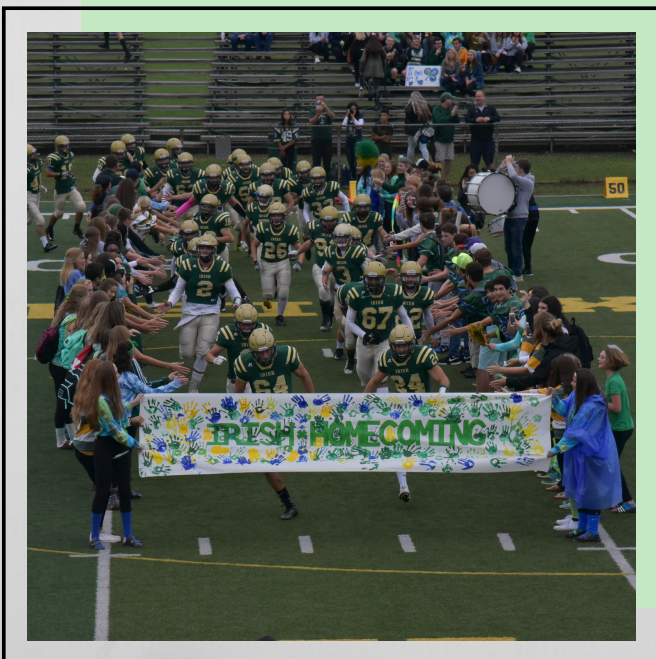
## Orange Shirt Day- September 28

Orange Shirt Day is a legacy that originated from the heart-wrenching story of Phyllis Webstad, a residential school survivor. The entire St. Patrick's community gave their respect in recognition of the harm that residential schools created on the self-esteem and safety of children. Throughout the week, stories regarding the reality behind this issue were shown and discussed over the morning announcements. Students and staff wore orange as an affirmation of their commitment to ensure the security and well-being of others. The day allowed for the community to come together in the spirit of reconciliation and to give hope for generations of children to come.



"Once it's personal, it makes it important. Once it's important people are ready to make change. That's what stories do"  
-Carey Newman

Excited fans cheered on the senior football team during the pre-game festivities!



## Homecoming- October 6

The 2017 Homecoming was certainly one for the books! To begin the day, staff and students gathered in prayer during the Homecoming mass.

The Chaplaincy band made their debut and provided the service with a beautiful musical experience! Throughout the day, the halls were filled with excitement, laughter and school spirit!

The dedicated members of Student council collaborated with other students towards making Homecoming one to remember. From the captured memories at the photo booth, to the spirited ambiance of the pep rally, St. Patrick's was certainly proud to be Irish! The football game was held at Norm Perry Park where a plethora of fans came out to support the Irish. The St.

Patrick's senior boys football team played exceptionally well, defeating Chatham Kent 23-

2.

## End the Stigma- October 12

The St. Patrick's community was blessed to have Michael Landsberg speak upon the ever-expanding issue surrounding the stigma behind mental health. Through his relatable persona, the TSN television host shared his personal experience with mental illness and how he came out stronger because of it.

Through his motivational talk, students were educated on the importance of self-care, and how to inspire others to become more accepting. Michael is the founder of the campaign, "Sick not Weak." As a spokesperson for mental health awareness, he advocated that, "People who live with a mental illness are #SickNotWeak." He successfully promoted his overall message about mental health and took a stand against the stigma and clichés surrounding this issue.

Several St. Patrick's students pictured with Michael Landsberg after his inspirational talk.



"People do not decide to become extraordinary. They decide to accomplish extraordinary things."

-Edmund Hillary

## Academic Awards Evening- October 12

The Academic Awards were a tremendous success this year! Relatives, staff, board and trustee members gathered to celebrate the amazing accomplishments of St. Patrick's students. The hard work and dedication of students was acknowledged during the ceremony which involved the distribution of individual awards and the honour roll. The celebration allowed students to be proud of their achievements while inspiring them to attain their personal goals! Thank you to Mr. Parr, Mr. Johnson and Mr. Roop for taking the time to come and support student success!



