Week at a Glance for Families
October 9, 2017

Monday, October 9
- HAPPY THANKSGIVING!

Tuesday, October 10
- Senior Girls Volleyball practice at lunch hour
- Senior Girls Volleyball AWAY game @ Holy Trinity School at 3:30pm
- Lego League meeting at Lunch recess today in the library
- Choir practice at lunch recess

Wednesday, October 11
- Senior Boys Volleyball practice after school to 4:15pm
- Senior Boys Volleyball HOME game vs. St. Peter Canisius at 3:15pm
- Cross Country practice after school to 4:30pm at Canatara park
- Band practice at lunch recess

Thursday, October 12
- Senior Boys Volleyball practice at lunch
- Senior Boys Volleyball HOME game vs. Gregory Hogan School at 3:15pm
- Cross Country practice after school to 3:50pm
- Lego League meeting at Lunch recess today in the library
- Fire Department visiting JK to Grade 2 classes with their fire truck in the afternoon
- **PICTURE DAY (class photos)**
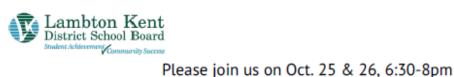
Friday, October 13
- No Cross Country practice today
- Band practice at lunch recess

Saturday, October 14
- Annual St. Clair Catholic District School Board CROSS COUNTRY MEET at Canatara Park in the AM

Attachments: *Can Physical Activity Promote Emotional Development?*

Have a Great Weekend!

Please join us on Oct. 25 & 26, 6:30-8pm

CAN PHYSICAL ACTIVITY PROMOTE EMOTIONAL DEVELOPMENT?

Hear from Dr. Dean Kriellaars' leading research and strategies on:

- the ABC's of physical movement
- how physical literacy can develop self-regulation
- the importance of physical activity for kids (and us all)

Faculty at School of Medical Rehabilitation with research in physical literacy, exercise, and more.

OCTOBER 25 @ ST. PATRICK'S CATHOLIC HIGH SCHOOL
OCTOBER 25 @ LKDSB CHATHAM REGIONAL EDUCATION CENTRE

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