



## SACRED HEART CATHOLIC SCHOOL

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Principal: Mr. Wm. Nelson

Secretaries: Mrs. T. Green; Mrs. J MacDonald

Director of Education: Mrs. D. Crawford Board Chair: Mr. J. Van Heck  
Superintendent: Mrs. L. Demers Trustees: L. Ward / J. McCann



## Week at a Glance for Families

*April 15, 2019*

### Monday, April 15

- **Knitting Club** at the Church at lunch hour. This will be our last session for the year. Thank you so much to the Parish for volunteering to support our students and provide this activity.
- **Cake Walk** sales at lunch hour (tickets are \$2.00 each or 3 for \$5.00)
- **Junior Girls Basketball** practice at lunch hour
- **Monday Liturgy 12:30pm**

### Tuesday, April 16

- **Lego League** after school to 4:30pm
- **Junior Girls Basketball** practice at lunch hour
- **Cake Walk** sales at lunch hour (tickets are \$2.00 each or 3 for \$5.00)

### Wednesday, April 17

- **"Newsies"** rehearsal after school to 4:30pm. Everyone including Brooklyn Newsies
- **"Newsies"** cast attending performance in Chatham by the students of UCC.
- **Cake Walk** today

### Thursday, April 18

- **HOLY THURSDAY**
- **Junior Boys Basketball** practice at lunch hour
- **Badminton Team** tryouts boys and girls in Grade 7 and 8 at 8:10am
- **BOSTON PIZZA DAY**

### Friday, April 19

- **GOOD FRIDAY – no school today**



**ATTACHMENTS:** Some common challenges parents face and some well-tested strategies for dealing with them



## Some common challenges parents face and some well-tested strategies for dealing with them

No matter how much we love and enjoy our kids, there are times when we are flummoxed about how to handle something they're doing (or not doing). And while it's true that every child is different, some parenting dilemmas are almost universal — what to do when a child lies, how to give instructions kids will actually follow, how to make time outs work, when (and how hard) to push a child.

This week on [childmind.org](http://childmind.org) we're taking a look at some common challenges parents face and offering some well-tested strategies for dealing with them. Rae Jacobson, Staff Writer



### How to Give Kids Effective Instructions

Techniques for teaching your child to listen and follow directions.

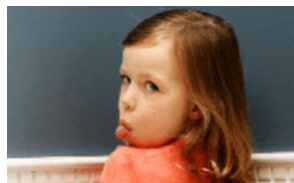
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### Three Common Parenting Traps

How to avoid getting cornered into saying and doing things we regret.

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### How to Make Time Outs Work

If they haven't been effective with your child, check to see if you're doing them right.

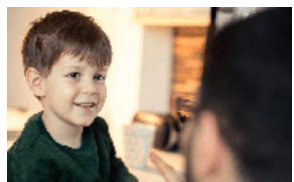
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### When to Push Your Children

And when to let things go.

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### Why Kids Lie and What Parents Can Do About It

Understanding the behavior and supporting truthfulness.

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