



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Vincent Catholic School

Date: Nov. 7

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students ___ Yes Teaching Staff Yes Non-Teaching Yes Parents Yes Community Yes Admin Yes

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal: Increase students participation in healthy and fun activities at recess and lunch hours.	Specific Implementation Strategies: Teachers pick the pickers for the soccer games at each recess. Have more of a variety and student selected intramurals and activities / clubs	Timelines Intramurals/ activities clubs – Jan – March 2017 Soccer – all year	Indicators of Success: More students actively involved and engaged in lunch hour activities
Is this goal related to: School climate survey and wellness team member suggestion	Stakeholders involved in the implementation and outcome of this goal: Staff	How will you communicate the goal to stakeholders: Morning announcements Intramural and Club Activity Boards	

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Goal #2:			
<p>Specific Goal Increase the frequency of students and staff seeing kindness in others.</p>	<p>Specific Implementation Strategies: Tootle boards in classrooms and one in the school. A bulletin board where students write kind things about others or where they caught someone being kind. Subway to Go cards – where publically in Good News Assembly we point out outstanding efforts by students towards others</p>	<p>Timelines All year</p>	<p>Indicators of Success: Tootle bulletin boards will be beaming with kindness. Students in other classrooms noticing kind things about others (not in their class) will write notes for the school board. Staff will have a Board to!</p>
<p>Is this goal related to: School Climate Survey</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Students Staff</p>	<p>How will you communicate the goal to stakeholders: Grade 2 / 3 classroom who is already doing this will share the idea with the rest of the school. Good News Assembly</p>	

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Goal #3:			
Specific Goal To bring awareness to each person having differences and similarities	Specific Implementation Strategies: Watch autism videos selected by social justice team Each class to bring toonie or loonie for Autism and create class puzzle	Timelines November 2016 and ongoing	Indicators of Success: Students will be able to identify that each of us are unique with similarities and differences but all created by God. Donation to Autism Chatham Kent
Is this goal related to: School Climate Survey	Stakeholders involved in the implementation and outcome of this goal: Social Justice Grade 8 Leadership team Staff Students	How will you communicate the goal to stakeholders: Good News Assembly Morning announcements Bulletin board of fish – Finding Dory	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates _December, February, May