



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Ursula Catholic School

Date: November, 2016

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students 4 Teaching Staff 1 Non-Teaching 1 Parents 1 Community 1
Admin 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

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Goal #1: St. Ursula is committed to decreasing the percentage of bullying among students at our school to promote a safe learning environment.			
<p>Specific Goal</p> <p>St. Ursula will communicate the bullying prevention program to all students. Students will identify their role in the program and the rules and regulations around the program. Developing empathy with our students to promote acts of kindness and actions related to Catholic School Graduate Expectations.</p>	<p>Specific Implementation Strategies:</p> <p>When bullying occurs or is reported, the following steps will be taken:</p> <ol style="list-style-type: none"> 1. The principal, classroom teachers and school staff will respond by providing a clear message that bullying will not be tolerated. 2. All instances of bullying are to be reported to the principal and the classroom teacher(s) directly involved with the students. 3. The principal or classroom teacher(s) will listen, investigate, offer support and determine the appropriate course of action. 	<p>Timelines :</p> <ul style="list-style-type: none"> ● Ongoing throughout the year 	<p>Indicators of Success:</p> <ul style="list-style-type: none"> ● Student survey on School Climate Surveys - decrease in the percentage that students report being bullied at school or feeling unsafe.

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	<p>4. A bullying incident report will record those involved and the action taken and be filed with the principal.</p> <p>5. In a timely fashion, the classroom teacher(s) will communicate with the principal and, if appropriate, contact the parent/caregivers of each student involved, to inform them of the incident.</p> <p>6. The classroom teacher(s) will monitor the action plan, keep the principal and parents/caregivers informed and update</p>		
<p>Is this goal related to the expectations of a Catholic School Graduate. A self-directed, responsible, lifelong learner who: Students will demonstrate a confident and positive sense of</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <ul style="list-style-type: none"> ● Administration (Kelly VanBoxtel) ● Staff ● Students 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> ● Release the results of the School Climate Survey ● Communication through monthly newsletters ● share at parent council meetings ● morning announcements ● social media (private instagram account) 	

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<p>self and respect for the dignity and welfare of others.</p>	<ul style="list-style-type: none"> ● Parents/caregivers ● School Advisory Council ● Community partners ● SCCDSB Board of Education 	<ul style="list-style-type: none"> ● school website 	
<p>Goal #2:</p>			
<p>Specific Goal: Creating a positive school climate.</p> <p>Student will demonstrate respect for others, fairness and a sense of social responsibility.</p>	<p>Specific Implementation Strategies:</p> <ul style="list-style-type: none"> ● Newsletters, announcements, and school family activities related to the monthly virtues. ● Monthly newsletters ● Wellness tips - monthly newsletters and announcements ● Teachers and support staff continuously model and reinforce expected behaviour. ● Roots of Empathy Training for FDK and Grade 6/7 class 	<p>Timelines</p> <p>Ongoing</p> <p>November - January</p>	<p>Indicators of Success:</p> <p>Students being recognized for their actions related to the Virtues e.g. Acts of Kindness</p> <p>No one is alone at recess</p> <p>Hearing more positive language on playgrounds</p> <p>Happier - less students sent to office</p> <p>Active and kind students</p>

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	<ul style="list-style-type: none"> ● Friends for Life - CYW's are delivering program to the Grade 6/7 and 7/8 classrooms ● Fun Friend/Kelso whole class session delivered by CYW ● Buddy Bench ● Positivity day ● Respect Tour ● Mentor text - Beautiful Hands with the whole school with a follow-up activity in school families ● Christian Meditation ● PBS classroom initiatives in all primary/junior classrooms ● Youth Ministers visiting classrooms ● Sacramental Preparations liturgical dance teams 	<p>November- January</p> <p>November- January</p> <p>Spring 2017</p> <p>September</p> <p>December 21, 2016</p> <p>January 2017</p> <p>Daily</p> <p>Ongoing</p> <p>Weekly</p>	
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<p>This goal related to the SCCDSB Well-Being Theory of Action: If we align school climate survey data to our school improvement plan, then the most urgent student needs will be addressed and students well-being will improve.</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <ul style="list-style-type: none"> ● Administration (Kelly VanBoxtel) ● Staff ● Students ● Parents/caregivers ● School Advisory Council ● Community partners ● SCCDSB Board of Education 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> ● Release the results of the School Climate Survey ● Communication through monthly newsletters ● share at parent council meetings ● morning announcements ● social media (private instagram account) ● school website 	

Goal #3:

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Specific Goal:	Specific Implementation Strategies:	Timelines:	Indicators of Success:
<p>Living our Faith</p> <p>Develop an awareness of needs in our school community and the world.</p>	<p>We School initiatives that include:</p> <ul style="list-style-type: none"> ● WE Scare Hunger ● WE Day ● Rafiki Bracelets ● WE Take Charge ● Making Change <p>Mittens/Scarves/Hats Advent Tree</p> <p>Christian Meditation</p> <p>Positivity Day</p> <p>Monthly School Masses/Prayer Services Pray Rosary weekly with parish volunteer</p>	<p>Ongoing</p> <p>October 31st</p> <p>October 19th</p> <p>November 18th - Dec. 5th</p> <p>April 2017</p> <p>February 14th</p> <p>Advent Season</p> <p>Ongoing</p> <p>September 2016</p> <p>Ongoing</p> <p>Ongoing</p>	<p>Indicators of Success:</p> <p>Students being recognized for their actions related to the Virtues e.g. Acts of Kindness</p> <p>No one is alone at recess</p> <p>Hearing more positive language on playgrounds</p> <p>Happier - less students sent to office</p> <p>Active and kind students</p>

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<p>This goal related to our work with:</p> <p>St. Clair Catholic DSB mission of living our faith and fostering stewardship, leadership, and social justice.</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <ul style="list-style-type: none"> ● Administration (Kelly VanBoxtel) ● Staff ● Students ● Parents/caregivers ● School Advisory Council ● Community partners ● SCCDSB Board of Education 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> ● Release the results of the School Climate Survey ● Communication through monthly newsletters ● share at parent council meetings ● morning announcements ● social media (private instagram account) ● school website
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Next Safe and Mentally Healthy Schools Action Team Meeting Dates: January 17, 2017 at 11:45 a.m.