



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Peter Canisius Date: September 2017 to June 2018

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students 2 Teaching Staff 2 Non-Teaching 1 Parents 1 Community 1 Admin 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> Current survey results (school climate) Survey trends Suspension reports Feedback about safe and mentally healthy initiatives Focus groups of students and educational partners Audits of physical environment re: safe and mental health safe places Review of existing programs and policies Information and input from parents and community partners Violent incident reports Students sent to other schools, alt centres, offsite programs Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> Are comprehensive in nature and adhere to the Foundations of a Healthy School Reflect our mission Reflect our faith Focus on skill building Focus on strengths of students and staff Select appropriate targets for change Select evidence based strategies and programs Include students in the planning, implementing and evaluating of activities Include parents in the planning and decision making process Focus on the changing the social and physical environment Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Is this goal related to: Living Our Faith theory of Action: Students will demonstrate the fruits of the spirit in their dealings with others.	Stakeholders involved in the implementation and outcome of this goal: Staff, students, parents, school advisory council, parish partners, board personnel, guest speakers, community partners.	How will you communicate the goal to stakeholders? Monthly newsletters, parent council meetings, morning announcements, school website.	
Specific Goal Classroom programs and modelling by staff will encourage positive and respectful student behavior. Students will be more empathetic to the feelings of others and treat each other with respect.	Specific Implementation Strategies: Classroom programs by CYW, guest speakers, reading buddies, monthly virtues and related awards, school assembly about bullying prevention and acceptance.	Timelines Ongoing throughout year.	Indicators of Success: Students will be more accepting and respectful to one another; older students will demonstrate care for younger students; bullying incidents will decrease even further.

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Goal #2:			
<p>Specific Goal</p> <p>To create an environment in which all students feel safe and included; activities will encourage engagement, a sense of belonging and promote growth mindset. Students will come to recognize their abilities and gain confidence in their skills. Older students will demonstrate leadership and care for the younger ones.</p>	<p>Specific Implementation Strategies:</p> <p>We will create a wellness team, which will help to develop activities that support student engagement, participation, belonging, school spirit, and confidence in their abilities.</p> <p>We will create a school yard design that encourages active participation and engagement; primary play areas, tarmac games, gaga pit, sports fields (soccer).</p> <p>We will begin work on our collaborative learning centre in the library and involve students in the design and creation.</p>	<p>Timelines:</p> <p>Ongoing throughout Year</p>	<p>Indicators of Success:</p> <p>Active student participation in Echo choir, dance group, crafts, sports, games club, helping hands club, announcements, school spirit days etc. to build community.</p> <p>Students involved in “construction” and decorating the school for Christmas,</p> <p>Students will be involved in the planning for the Collaborative Learning Centre and School Yard design.</p> <p>Students will play together in the schoolyard and exclusionary behaviours will decrease.</p>
<p>Is this goal related to:</p> <p>Health and Wellness</p> <p>Students will have increased confidence and awareness of their abilities and strengths; students will demonstrate growth mindset, increased school spirit, cooperation in the schoolyard, and a sense of community.</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Staff, students, parents, school advisory council, parish, board personnel, guest speakers, community partners.</p>	<p>How will you communicate the goal to stakeholders?</p> <p>Monthly newsletters, parent council meetings, morning announcements, school website. posters/announcements by the Health and Wellness team.</p> <p>The Health and Wellness team will be involved in the planning and decision making in the school for items related to student wellness, inclusion, and increased participation.</p>	

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Goal #3:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
<p>SPC will continue to follow an action plan outlining the steps to be followed when dealing with instances of bullying</p>	<p>When bullying occurs or is reported, the following steps will be taken:</p> <ul style="list-style-type: none"> - Principal will share pertinent information with staff who are working directly with students who have a history of harming themselves or others; behaviours that are demonstrated by the students will be reviewed and action plans that are in place to address those behaviours will be shared. All staff and supervisors will be notified regarding those students - Classroom teachers will alert staff of students in their class who may require extra supervision in the yard. - A clear message will be provided by principal and all staff that bullying will not be tolerated - All instances of bullying will be reported to the classroom teacher directly involved with the students; principal will be notified. 	<p>Ongoing throughout the year.</p>	<p>Students and parents will have increased awareness of how to report bullying situations.</p> <p>Students, staff and parents will feel more comfortable with providing information and feedback when incidents of bullying occur.</p>

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Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
	<ul style="list-style-type: none"> - The principal or classroom teacher will listen, investigate, offer support and determine the appropriate course of action. - A bullying incident report will be filled out by the principal; it will record those who are involved and the action taken - The classroom teacher/ principal will contact the parents of each student involved to inform them of the incident and the action that was taken - The classroom teacher will monitor the action plan and keep the principal, parents/ caregivers informed; - If efforts to stop the bullying are not successful, a meeting will be held with the parents/ caregivers of the involved students; further supports and consequences will be assigned - School Board Safe School policy will be followed if suspensions/expulsions are required 		

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<p>Specific Goal</p>	<p>Specific Implementation Strategies:</p> <ul style="list-style-type: none"> - Referrals will be made to mental health professionals, child protection services, or the police if they are needed. (school board policy will be followed in those instances and parents will be supported as needed) - Incidents of bullying that involve the safety of students and school staff will be reported to the police by the principal/school staff. This will also occur when an incident of bullying is witnessed that qualifies as a criminal offence. 	<p>Timelines</p>	<p>Indicators of Success:</p>
<p>Is this goal related to:</p> <p>Safe School Policy Safe School Incident Reporting Violent Incident Reporting Shaping Safer Schools</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Administration, staff, students, Parents/caregivers, School Board employees</p>	<p>How will you communicate the goal to stakeholders?</p> <p>Communication through newsletters, website, parent advisory council meeting, school team meeting, Student Wellness Team</p>	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: March _____