



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: **St. John Fisher Catholic School, Forest**

Date: **October 31, 2016**

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 4 Teaching Staff: 2 Non-Teaching: 1 Parents: 1 Community Member: 1 Administrator: 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none">• Current survey results (school climate)• Survey trends• Suspension reports• Feedback about safe and mentally healthy initiatives• Focus groups of students and educational partners• Audits of physical environment re: safe and mental health safe places• Review of existing programs and policies• Information and input from parents and community partners• Violent incident reports• Students sent to other schools, alt centres, offsite programs• Referrals to mental health agencies/partners	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none">• Are comprehensive in nature and adhere to the Foundations of a Healthy School• Reflect our mission• Reflect our faith• Focus on skill building• Focus on strengths of students and staff• Select appropriate targets for change• Select evidence based strategies and programs• Include students in the planning, implementing and evaluating of activities• Include parents in the planning and decision making process• Focus on the changing the social and physical environment• Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1			
Specific Goal School Event: Meet the Teacher Night with Sara Westbrook with parents and students.	Specific Implementation Strategies: Students were with their parents and peers to hear Sara's message of what parents and students can do to build resiliency and set goals for their academics and socially.	Timelines Actual Event: September 15, 2016 (Meet the Teacher Night) U-Power Message teachings carried out through out the year Possible Winter follow-up concert-workshops on resiliency and setting goals.	Indicators of Success: Students will use U-Power messaging to work through difficult situations. Students will exhibit resilience. Students will be able to apply strategies to help solve problems in their academic work and their peer relationships in a positive way.
What is this goal related to: Community (team) building Goal Setting building. Mental Wellness	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents and the community at large.	How will you communicate the goal to stakeholders: Monthly Newsletter, U-Power posters around the school, in class work of setting life goals through Creating Pathway to Success document. Announcements/Assemblies	

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Goal #: 2			
Specific Goal Focus on Fruits of the Holy Spirit to build Character and Empathy	Specific Implementation Strategies: Using announcements and Daily Prayers that highlight the Fruit of the Spirit for the month. “Gotcha” Awards. Students from Conference to develop a process to promote Fruits of the Spirit in Action. What could that look like? Students wanting to move away from prizes and awards. Students looking at presenting to classrooms ideas of how to show the Fruits of the Spirit Virtues in action. Students feel the need that their peers need examples.	Timelines Nov. - June	Indicators of Success: Students will seek out ways of observing Fruits of the Holy Spirit i.e., Kind words bulletin board. More students solving problems independently
What is this goal related to: Faith Development and Mental Wellness	Stakeholders involved in the implementation and outcome of this goal: Students, staff, Parish	How will you communicate the goal to stakeholders: Through the monthly newsletter, bulletin boards, classroom activities and possibly assemblies. “Good News” assemblies. Commercials on our foyer T.V. highlighting students who received “Gotcha” acknowledgement lead by students.	

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Goal #3			
<p>Specific Goal Integration of educational opportunities to significantly improve the knowledge of all students and educators in Ontario about the rich cultures and histories of First Nation, Métis, and Inuit peoples.</p> <p>Literacy Focus</p> <p>Faith Development</p>	<p>Specific Implementation Strategies: Staff and students will participate in an FNMI – Collaborative Inquiry to increase awareness in cultural/historical/traditions with a focus on the teachings of the Medicine Wheel. This focus will build upon the creation of a beautiful Medicine Wheel art piece using the medium of glass under the guidance of a Metis Artist. Building Classroom Libraries with additional FNMI reading materials particularly with information on the Medicine Wheel. Build guided instructional reading materials to improve literacy skills and knowledge on First Nation culture. Presenter: Barry Milliken to present teachings on Medicine Wheel in all Grades.</p>	<p>Timelines Medicine Wheel completed April of 2016. It is now hanging in our foyer by the gymnasium for all to see.</p> <p>PLC set with staff to review materials and teachings of the Medicine Wheel and how teaching staff can develop open ended questions requiring students to link new teachings with the Fruit of the Spirit virtues.</p>	<p>Indicators of Success: We will measure the impact of the learning through before and after teacher/student observations, conversations and reflections. (Student surveys before and after.</p> <p>Before Survey: January</p> <p>After Survey: May</p>

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: **Thursday, November 3, 2016, Wednesday February 8, 2017 and Wednesday May 17, 2017**