

Bullying Prevention Plan for Safe and Mentally Healthy Schools

Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal Focus on Fruits of the Holy Spirit to build Character and Empathy	Specific Implementation Strategies: Using mentor texts to illustrate concepts. Explain during announcements Possible awards. Question Jar – Wellness team can answer over announcements. Using music to teach Fruits/Kindness messages over announcements DPA over announcements to foster physical well-being.	Timelines Nov. - June	Indicators of Success: Students will seek out ways of observing Fruits of the Holy Spirit i.e., Kind words bulletin board.

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<p>Is this goal related to: Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Students, staff, Parish</p>	<p>How will you communicate the goal to stakeholders: Through the monthly newsletter, bulletin boards, classroom activities and possibly in the Parish bulletin</p>	
<p>Goal #2:</p>			
<p>Specific Goal Welcoming families to help them feel that that their involvement in the school is integral to its success and flourishing.</p>	<p>Specific Implementation Strategies: Visuals in school – such as signage and art related to families. Presence of “Greeters” (including Parent Advisory Council Reps.) at events to assist with orienting visitors. Parent Council could have a presentation board and take-away – i.e. card made by student.</p>	<p>Timelines Throughout the year and particularly at events in which parents and community members are in attendance</p>	<p>Indicators of Success: Higher attendance at Parent Advisory Council Meetings. More volunteers at events throughout the year.</p>
<p>Is this goal related to: Creating a welcoming environment. Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Parents, students, staff, Best Start members and Parent Advisory Council Members</p>	<p>How will you communicate the goal to stakeholders: It will be evident in the visual appearance upon entry to the school. Celebration of Learning night, Christmas Concert night and other events held at the school in which parents and community members are invited to attend. - Greeters (students, Parent Advisory Council members).</p>	

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Goal #3:			
Specific Goal School “Family” Events (Tribes)	Specific Implementation Strategies: Students will be in their “families” for events, in order to mingle with students from other grades. Wellness team could create “public service announcements”, related to kindness and being a good friend.	Timelines Nov. – June Valentine Activity – card for someone else.	Indicators of Success: Older students will assist younger ones. Younger students will feel rapport (safe) with older students. There will be less office calls for behaviour. Students will exhibit resilience.
Is this goal related to: Community (team) building Empathy-building. Resilience – 21st Century Skills	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents and the community at large.	How will you communicate the goal to stakeholders: Monthly calendar Announcements Incidentally through discussions with students, staff, parents and the community.	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: **Tuesday, November 2, 2016 and Tuesday, April 11, 2017**