



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: **St. Anne Catholic School, Sarnia** Date: **November 5, 2017**

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: **Wellness Team** Teaching Staff: **Audrey Blythe, Carrie Cicchelli** Non-Teaching: **Maria DeGuzman (Educational Assistant)**
Parents: **SAC and April Roy** Community: **Brenda McCormack (YMCA Daycare)** Admin: **Daniela Mezzatesta (Principal)**

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
---	---

Bullying Prevention Plan for Safe and Mentally Healthy Schools

Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal Continue to focus on kindness (embed fruits of the Holy Spirit into language and classroom lessons) using consistent language in the school and when communicating with parents.	Specific Implementation Strategies: Using mentor texts to illustrate concepts. Taking “teachable” moments to draw out “in the moment” illustrations of kindness/non-examples as well as fruits of the Holy Spirit. Communication with parents will focus on how their child can show kindness and empathy toward other students.	Timelines Ongoing	Indicators of Success: Students will self reflect and think before using unkind words or actions. Students will identify more often with acts of kindness throughout the school. Parents and staff will notice a difference in the speech and actions of our students.

**Bullying Prevention Plan for
Safe and Mentally Healthy Schools**

	<p>Principal and staff to randomly acknowledge students, staff and extended community members who exhibit those characteristics.</p> <p>Kindness quotes posted and changed monthly where we know they will be visible to students (water fountains, outside washrooms – printed from online posters).</p> <p>Gr 6-8 Presentation from police about implications of unkind acts (online negative comments and post, aggressive physical play always on one student, picking on students, ongoing meanness and bystanders).</p>	<p>January or February</p>	<p>Greater realization of implications and impact. (Legal and well being on others as students get older).</p>
<p>Is this goal related to: Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents</p>	<p>How will you communicate the goal to stakeholders: Through the monthly newsletter, announcements, classroom activities, school advisory council.</p>	
<p>Goal #2:</p>			
<p>Specific Goal Welcoming families to help them feel that that their involvement is a welcome and essential element to the success of their children/our students and the school.</p>	<p>Specific Implementation Strategies: Consistently ensure there is a strong parent presence at school events/functions including masses, assemblies, etc. Include parents as “greeters”.</p>	<p>Timelines Current to June</p>	<p>Indicators of Success: An increase in the number of parents involved in school events. at Parent Advisory Council Meetings. More volunteers at events throughout the year.</p>

Bullying Prevention Plan for Safe and Mentally Healthy Schools

<p>Invite parents on SAC to “bring a message” to students at special events (school completion, assemblies, etc.)</p>	<p>Ex: Last year, we asked our SAC chairs to welcome parents at our Christmas Concert and other events – VERY well received!</p>		
<p>Is this goal related to: Creating a welcoming environment. Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Parents, students, staff, YMCA staff, and School Advisory Council Members</p>	<p>How will you communicate the goal to stakeholders: It will be evident in the visual appearance upon entry to the school. Celebration of Learning November night, Christmas Concert night, and other events held at the school in which parents and community members are invited to attend. - Greeters (students, School Advisory Council members).</p>	

Bullying Prevention Plan for Safe and Mentally Healthy Schools

Goal #3:			
Specific Goal Prayer through Christian Meditation	Specific Implementation Strategies: School wide 2 min meditation daily after lunch. Engage in school wide meditation or at assemblies when relevant.	Timelines Academic Year	Indicators of Success: Sense of calm and less anxiety as the afternoon begins. More time on task of students with less interruptions or off-task behaviour.
Is this goal related to: Faith/Mental Wellness Resilience – 21st Century Skills	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents (via home connection and ideas in emails sent)	How will you communicate the goal to stakeholders: Announcements on PA School Advisory Council Staff meetings	
Goal #4:			
Specific Goal Power of Joy, Happiness	Specific Implementation Strategies: Dance Party Friday: Afternoon recess play two/three songs over the PA for students to sing along, dance to while on recess.	Timelines Every Friday, pm recess	Indicators of Success: Fewer students coming in for fake injuries. An uplifted mood in staff and students at a time that can be one of fatigue and not joyful. Students happy – about being at recess, outside, dancing, having fun!
Is this goal related to: Faith/Mental Wellness Resilience – 21st Century Skills	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders: School Advisory Council Staff meeting	

Bullying Prevention Plan for Safe and Mentally Healthy Schools

	Students, staff, parents (via home connection and ideas in emails sent)		
Goal #5:			
Specific Goal Self-Regulation, self-awareness, strategy and tools	Specific Implementation Strategies: Classroom program “Minds On” delivered by our schools’ Child and Youth Workers.	Timelines Scheduled in blocks throughout the year with classroom teachers.	Indicators of Success: Students can use learned language to identify their own emotions, can use (with support) strategies introduced.
Is this goal related to: Faith/Mental Wellness Resilience - 21st Century Skills	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents (via home connection from classroom teachers)	How will you communicate the goal to stakeholders: School Advisory Council Staff meeting	
Goal #6:			
Specific Goal Staff will continue to use progressive discipline and follow process for addressing bullying behaviours	Specific Implementation Strategies: Continue to clarify understanding for all stakeholders of what constitutes bullying behaviour. Employees will continue to be informed of any students who have a history of causing harm to themselves or others. Action plans and how to address situations will be reviewed; all	Timelines Ongoing	Indicators of Success: Increased awareness of what actions are bullying and what actions are unkind. All stakeholders (staff, students and parents) of the process for addressing these behaviours according to the progressive discipline policy and SCDSB Student Discipline Policy

Bullying Prevention Plan for Safe and Mentally Healthy Schools

	<p>stakeholders will be informed as plans are revised.</p> <p>When a bullying behaviour has been identified, staff will communicate that this behaviour is not acceptable.</p> <p>The principal/classroom teacher will listen (to all involved) investigate, support and determine the course of action.</p> <p>Parents will be informed. Classroom teachers and staff will monitor for continued behaviour. Further support or consequences may be required at which time this will be communicated to the parents in a meeting.</p> <p>When incidences of bullying outside of the school are reported by parents, they will be provided with suggestions for dealing with this (including contacting a parent directly, calling the police) depending on seriousness.</p>		
--	---	--	--

Bullying Prevention Plan for Safe and Mentally Healthy Schools

<p>Is this goal related to: Mental Wellness Safe Schools (2005 Document)</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents Community Agencies</p>	<p>How will you communicate the goal to stakeholders: School Advisory Council Meetings Staff Meetings Team Meetings Well Being Team Meetings</p>
--	--	--

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: **March, May**