



## Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: **St. Anne Catholic School**

Date: **November 10, 2019**

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 4      Teaching Staff: 2      Non-Teaching: 1      Parents: 1      Community Member: 1      Administrator: 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"><li>• Current survey results (school climate)</li><li>• Survey trends</li><li>• Suspension reports</li><li>• Feedback about safe and mentally healthy initiatives</li><li>• Focus groups of students and educational partners</li><li>• Audits of physical environment re: safe and mental health safe places</li><li>• Review of existing programs and policies</li><li>• Information and input from parents and community partners</li><li>• Violent incident reports</li><li>• Students sent to other schools, alt centres, offsite programs</li><li>• Referrals to mental health agencies/partners</li></ul>	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"><li>• Are comprehensive in nature and adhere to the Foundations of a Healthy School</li><li>• Reflect our mission</li><li>• Reflect our faith</li><li>• Focus on skill building</li><li>• Focus on strengths of students and staff</li><li>• Select appropriate targets for change</li><li>• Select evidence based strategies and programs</li><li>• Include students in the planning, implementing and evaluating of activities</li><li>• Include parents in the planning and decision making process</li><li>• Focus on the changing the social and physical environment</li><li>• Attend to effective implementation practices</li></ul>
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1			
<p><b>Specific Goal</b>  <b>Motivation / Resiliency Building / Physical Wellness / Community Involvement:</b>  <b>Presentation to parents, students, community about furthering student wellness via modelling a successful recovery</b></p> <p><b>Presentation to staff and students about Team Hoyt and how we can improve our personal wellness and become community supporters.</b></p>	<p><b>Specific Implementation Strategies:</b>  <b>Family Wellness Evening:</b>            Organized and planned information presentations by community groups who provide wellness activities for students</p> <p>Students will listen to Wes Harding inform about strategies that will help them improve their health, wellness and introduce them to the relationship between exercise and community involvement (Team Hoyt).</p>	<p><b>Timelines</b>            October            February            May</p>	<p><b>Indicators of Success:</b>            Students will further their understanding of what resilience and physical wellness means, what strategies can be used to support growth and encourage parental communication and support (staff will support and further the use of positive language in view of physical wellness)            Students will actively work to be involved in the Team Hoyt run and support community work.</p>

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	Will have specific performance by Wes Harding to our Grade 3-8 students. Will work on wellness to run along side Team Hoyt.		
What is this goal related to: Mental and Physical Wellness	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents	How will you communicate the goal to stakeholders: Monthly Newsletter, Announcements/Assembly, Evening Presentation	

Goal #: 2			
<p>Specific Goal</p> <p><b>School Focus on Fruits of the Holy Spirit to develop Character</b></p> <p><b>Faith Development with the focus on Mass Rituals and Rosary usage</b></p>	<p>Specific Implementation Strategies:</p> <p>Continued use of prepared announcements and Daily Prayers that highlight the Fruit of the Spirit for the month.</p> <p>Fruits Displayed in school</p> <p>All students will attend mass and students will practice responses during classroom periods</p> <p>Grade 6 students will help the grade 2 students make their rosaries and they will also make</p>	<p>Timelines</p> <p>Oct. – June</p>   <p>Spring 2020</p>	<p>Indicators of Success:</p> <p>Students and staff will use the language provided by the Fruits of the Holy Spirit throughout their day</p> <p>Indicators of Success:</p> <p>Students will continue to develop their comprehension of mass rituals and responses</p> <p>Students will share their relationship with the rosary.</p> <p>Parents and staff will comment about the progress.</p>

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	25 rosaries to be donated to the St. Joseph Hospice The rosary will be promoted as a means of finding peace and wellness		
What is this goal related to: Faith Development and Mental Wellness	Stakeholders involved in the implementation and outcome of this goal: Students, staff, Parents	How will you communicate the goal to stakeholders: Through announcements, staff discussions, monthly newsletter, bulletin boards, classroom activities	
<b>Goal #3</b>			
<b>WE team focus is furthering student involvement as a WE school.</b>	<p><b>Sept - June: Local Acts</b> WE are Well Being- ongoing all year long as per our Wellness Conference plans WE Take Charge/WE go Green - collecting batteries and markers for recycling</p> <p><b>October/November: Local Acts</b> WE Scare Hunger - Irish Miracle/Cyclone Aid WE Volunteer Now - Irish Miracle/Cyclone Aid/Shoebox Campaign</p> <p><b>December: Local Act</b> WE Won't Rest - The Shoebox Campaign for Homeless Women</p> <p><b>January- June: Local Act</b></p>	<p>Timelines <b>September to June</b></p> <p><b>October November</b></p> <p><b>December</b></p> <p><b>January to June</b></p>	<p>Indicators of Success: Students will continue</p>

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	<p>WE Film - focusing on promoting our Physical Literacy SIP          WE Give Health - ditto above as well as ongoing collection of milk bags for Haiti and pop tabs for the Legion</p> <p><b>May (During EQAO time): Global Acts</b>          WE Are Silent - raising awareness          WE Bake for Change - <u>raising money</u> for our WE Village and Pillar this is our only formal money raising campaign for WE.</p> <p><b>June: Local Act</b>          WE Read Together - book exchange organized to promote summer reading          WE Stand Together - playing Ojibway National anthem &amp; Indigenous facts one day/week</p>	<p>May</p>	
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