



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Agnes Catholic School

Date: Nov. 7, 2016

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students : Yes Teaching Staff: Yes Non-Teaching: Yes Parents: Yes Community: Yes Admin: Yes

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal: Develop a positive caring climate in the school that celebrates the strengths and differences of individuals.	Specific Implementation Strategies: Promote the importance of the monthly Fruits of the Holy Spirit through the use of mentor texts and morning prayers and monthly awards. Faith team to lead “feel good” activities/prayer services.	Timelines September 2016 – June 2017	Indicators of Success: Students will accept each other’s differences and act respectfully towards each other. Fewer incident reports. Students feel safe at school.
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders:	

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School Climate Survey	Student Council Staff Students	Monthly Assembly Morning Announcements Religion Class Staff	
Goal #2:			
Specific Goal Increase students feeling of belonging and being an important part of the school family	Specific Implementation Strategies: Gr. 7/8's will volunteer to organize grade/divisional activities at one of the recesses each day. For example, on Monday 1st recess reading club - students of all grades could come to the gym and read quietly. Tuesdays the 7/8s organized the parachute game for the FDKs, Wednesdays - karaoke for junior division students etc. Buddy classrooms – e.g. FDK and Gr. 6/7 Gr. 7/8 and Gr. 1/2	Timelines November 2016 – April 2017 Ongoing Sept. 2016-June 2017	Indicators of Success: Fewer incidents reports Increased number of students feeling they belong Increase in number of students reporting that they 'enjoy school'
Is this goal related to: School Climate Survey	Stakeholders involved in the implementation and outcome of this goal: Gr. 7/8 Students Student Council Staff Students	How will you communicate the goal to stakeholders: Morning Announcements Newsletters Staff Meetings Monthly Assembly	

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Goal #3:			
Specific Goal Provide students with opportunities to work together on a common goal that promotes school synergy	Specific Implementation Strategies: Jump Rope for Heart Christmas Gift Boxes Christmas in Muskoka	Timelines September 2016 – June 2017	Indicators of Success: Staff, students and family participation in events and activities.
Is this goal related to: School Climate Survey Health and Wellness Committee Goals and Objectives	Stakeholders involved in the implementation and outcome of this goal: Staff Students Families	How will you communicate the goal to stakeholders: Morning Announcements Monthly Newsletters Monthly Assembly Specific Notes to Families	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: October/December/February/May