



## Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: \_\_\_\_\_

Date: \_\_\_\_\_

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students   5              Teaching Staff   1              Non-Teaching   1      Parents   1      Community   1              Admin   1  

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> <li>Current survey results (school climate)</li> <li>Survey trends</li> <li>Suspension reports</li> <li>Feedback about safe and mentally healthy initiatives</li> <li>Focus groups of students and educational partners</li> <li>Audits of physical environment re: safe and mental health safe places</li> <li>Review of existing programs and policies</li> <li>Information and input from parents and community partners</li> <li>Violent incident reports</li> <li>Students sent to other schools, alt centres, offsite programs</li> <li>Referrals to mental health agencies/partners</li> </ul>	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> <li>Are comprehensive in nature and adhere to the Foundations of a Healthy School</li> <li>Reflect our mission</li> <li>Reflect our faith</li> <li>Focus on skill building</li> <li>Focus on strengths of students and staff</li> <li>Select appropriate targets for change</li> <li>Select evidence based strategies and programs</li> <li>Include students in the planning, implementing and evaluating of activities</li> <li>Include parents in the planning and decision making process</li> <li>Focus on the changing the social and physical environment</li> <li>Attend to effective implementation practices</li> </ul>
---	---

## Bullying Prevention Plan for Safe and Mentally Healthy Schools

Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

<b>Goal #1:</b>			
<b>Specific Goal</b>  To reduce incidents of bullying on our playground.	<b>Specific Implementation</b> <b>Strategies:</b> Playground Supervision Leadership Team for Primary Good News Assmeblies VIP - Grade 5 Bulling Prevention Week activities Playground rules to be posted in each classroom Respect Tour	<b>Timelines</b>  Playground Leadership Team in effect.  Mid November for playground rules  Bullying Week - November Nov. 13	<b>Indicators of Success:</b>  Reduction in the number of incidents being reported to teachers, office and supervisors.
<b>Is this goal related to:</b>  Climate Survey results in which many students indicated that the playground was the area they felt the least safe in.	<b>Stakeholders involved in the implementation and outcome of this goal:</b>  Students, teachers, supervisors, Playground Supervision Leadership Team	<b>How will you communicate the goal to stakeholders:</b>  Communication at our monthly Good News Assembly Monthly Newsletter Parent Council Meetings Monthly Staff meetings Safe Schools/Wellness Team meetings	

## Bullying Prevention Plan for Safe and Mentally Healthy Schools

Goal #2:			
<b>Specific Goal</b>  Improving peer relationships in our Junior and Intermediate grades to also include cyber bullying.	<b>Specific Implementation Strategies:</b> Support Staff from the Board Wellness team supporting our classrooms with programs. Cyber awareness - CK Police Kindness Week Using our mentor texts as a vehicle for discussions in our classrooms	<b>Timelines</b>  Board Wellness Team - November CK Police - March 2017 Gr. 3-8 Mentor Texts - Ongoing Kindness Week - February 2017	<b>Indicators of Success:</b>  Ease of collaboration in the classroom during group work  Less reports of incidents between students to teachers  Parent communication with teachers
<b>Is this goal related to:</b>  Information from the Climate Survey  Teacher feedback	<b>Stakeholders involved in the implementation and outcome of this goal:</b>  Students, teachers, parents	<b>How will you communicate the goal to stakeholders:</b>  Staff meetings Parent Interviews Parent/teacher communication Teacher/Student communication	

# Bullying Prevention Plan for Safe and Mentally Healthy Schools

<b>Goal #3:</b>			
<b>Specific Goal</b>  To work with our primary students on recognizing playground and classroom problems and how to solve them successfully on their own or with adult assistance.	<b>Specific Implementation Strategies:</b> Kelso program  Collaborative Problem Solving  Roots of Empathy  Social Stories  Mentor Texts	<b>Timelines</b>  November Kelso introduction by Board Wellness Support Team  Social stories ongoing throughout the year in primary classrooms  Monthly virtue texts	<b>Indicators of Success:</b>  Less incidents reported by Playground Supervision Team and Supervisors  Teachers reporting self-regulation improvement in the classroom
<b>Is this goal related to:</b>  Teacher feedback  Parent feedback  Office incident reports	<b>Stakeholders involved in the implementation and outcome of this goal:</b>  Primary students  Teachers  Parents	<b>How will you communicate the goal to stakeholders:</b>  Kelso program to be shared with parents with specific strategies  Parent/teacher communication through monthly newsletters  Staff Meetings  Regular meetings with Playground Supervision Leadership Team	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates \_\_\_\_\_