



Bullying Prevention Plan for Safe and Mentally Healthy Schools



School Name: St. Michael Catholic School

Date: November 2019

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 2 (Wellness Team Members)

Teaching Staff: 1 (Mrs. Hamilton)

Non-Teaching: 1 (Mrs. Quinn)

Parents: 1 (Mr. Sommise)

Community: 1 (Sarnia Police Rep)

Administration: 1 (Mr. DeGurse)

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

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<p>Goal #1: Catholic Citizenship - Inspiring ethical, responsible stewardship Create conditions for students to make positive ethical decisions by teaching skills to tackle challenging situations.</p>			
<p>Specific Goal</p> <p>To provide opportunities for students to develop leadership skills that can be used in our school and greater community.</p> <p>We are learning to solve problems collaboratively with students so that together, we can create the conditions that allow students to do well and therefore feel more successful.</p>	<p>Specific Implementation Strategies:</p> <p>Creation of Leadership Teams to lead school wide activities throughout the year. These teams will be instrumental in providing guidance and being role models for the younger students.</p> <p>Participation in WE School Initiatives in the school and greater community</p> <p>Community Police Program for our Gr. 6 students</p> <p>Sarnia Police - Cyber Bullying Program for intermediate students</p> <p>Use of in-class mentor texts to focus on social justice issues</p> <p>Monthly focus on Ontario Catholic Graduate Expectations (OCGEs)</p>	<p>Timelines :</p> <p>October 2019 to June 2020</p>	<p>Indicators of Success:</p> <p>Projects completed by our School Leadership Teams will be evident throughout the school.</p> <p>Greater student voice and feedback</p> <p>Reduction in conflicts reported</p> <p>Students will have strategies to draw upon when faced with difficult situations</p>
<p>This goal related to:</p> <p>Mental Wellness as well as our most recent School Climate Survey</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <ul style="list-style-type: none"> ● Staff will be involved with explicit teaching of coping skills (Example: in PHE) Students ● Parents ● Child and Youth Workers ● Sarnia Police Services ● Parish Team Representatives 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> ● Classroom discussions with students ● Good News Assemblies to share school-wide efforts ● Communication to Parents through classroom newsletters. ● Technology will be used to get the message out to our community (EDSBY) ● Parent Council and Staff Meetings ● Plan to be posted on the School Website 	

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<p>Goal #2: Faith and Well-Being - Living Catholic values to foster caring, inclusive and safe learning spaces Create conditions for students, staff members and parents, to support those who are experiencing difficulties.</p>			
<p>Specific Goal</p> <p>Support safe and inclusive Catholic learning and working spaces.</p> <p>Live our Catholic values through prayer and actions.</p> <p>We are learning to meet our students where they are socially and emotionally so that we can recognize students who are struggling and implement strategies to build relationships that support learning.</p>	<p>Specific Implementation Strategies:</p> <p>Classroom teachers to facilitate daily discussions in Religion and Health</p> <p>Child and Youth Workers to lead “Mind Up” for classrooms at the school.</p> <p>Parish to prepare students for Sacraments</p> <p>Use of announcements and prayers to highlight the monthly Fruit of the Spirit.</p> <p>Daily Wellness Messages on the PA and posted on the student message board.</p> <p>Encourage participation in School Spirit Days and Special Events</p> <p>Classroom Partnerships to encourage positive students interactions</p> <p>Implement components of the Board’s Indigenous Education Plan</p> <p>Implement Recess Buddy Program</p> <p>Classes attend Mass weekly/monthly</p> <p>Offer Non-Traditional Activities (Sewing Club to encourage a unique environment of collaboration</p>	<p>Timelines :</p> <p>September 2019 to June 2020</p> <p>Daily Announcements at the school</p> <p>Sacramental Preparations as per the Parish Calendar</p> <p>Sewing Club beginning in October 2019</p> <p>Monthly Spirit Days</p> <p style="text-align: center;">Indigenous Education Plan</p> <p>Orange Shirt Day</p> <p>Residential Home Discussion from Elders Land and Treaty People</p> <p>Medicine Wheel - School Wide Activity</p>	<p>Indicators of Success:</p> <p>Increased parental awareness regarding strategies to address student concerns.</p> <p>Increased and more positive communication regarding the resolution of student conflict.</p> <p>Student conversations will be positive and demonstrate a message of kindness</p> <p>School Climate Data will indicate an increase in positive behaviour</p> <p>A reduction in the number of students being sent to the office</p> <p>Monthly discussions with the staff regarding student trends or patterns</p> <p>Media Interviews with students will emphasize the positive interactions due to the Sewing Club</p> <p>Work to establish an in-school student survey to explore student wellness. Use the results to make improvements.</p>
<p>This goal related to the SCCDSB Well-Being Theory of Action:</p> <p>“If we align school climate survey data to the school improvement plan, then the most urgent student needs will be addressed and student well-being will improve. (Action Plan 2016)”</p>	<p>Stakeholders involved in the implementation & outcome of this goal:</p> <ul style="list-style-type: none"> ● Child and Youth Worker ● Parish Team ● Parents / Parent Council ● Staff ● Yard Duty Supervisors 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> ● EDSBY / Parent Weekly - Communication Tool ● Parent Council Meetings ● Staff Meetings ● Semi-Annual Meeting with the Parish Team ● Plan to be posted on the School Website 	

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Goal #3: Partnerships - Engaging families, parish and community

Crete conditions to allow for meaningful community partnerships to flourish.

Specific Goal	Specific Implementation Strategies:	Timelines:	Indicators of Success:
<p>Improve communication to engage community partners.</p> <p>Increases participation of students in the sacraments</p> <p>School to focus on the Fruits of the Holy Spirit to reinforce the monthly character traits.</p>	<p>Increase messaging to parents through EDSBY, the School Website and email</p> <p>Increase experiential learning opportunities</p> <p>Use school bulletin boards to display messages on Social Justice Topics</p> <p>Parish team to visit classrooms preparing for Mass and Sacramental Preparations</p> <p>Opportunities for Parents/Families</p> <ul style="list-style-type: none"> ● Parent Council Meetings ● Cake Walk ● Christmas Dinner ● Shrove Tuesday ● KinderSTART Registration ● KinderSRARt - Day Two ● Year End Family BBQ ● Student Conferences ● Classroom Expos / Displays ● Sewing Club 	<p>September 2019 to June 2020</p> <p style="text-align: center;">Community Partnerships</p> <p>Lambton College Enactus Mentor Program</p> <p>Knight of Columbus</p> <ul style="list-style-type: none"> ● Keep Christ in Christmas Posters ● Annual Free Throw Competition <p>St. Vincent dePaul - Christmas Hampers</p> <p>City of Sarnia - Safe Travel Program</p> <p>County of Lambton - Gallery in the Grove</p> <p>YMCA / Early ON Programs</p> <p>Sarnia Police / Sarnia Fire Department</p> <p>Sarnia Sting OHL Hockey Club</p> <p>Earth Rangers: Protecting Earth's Animals</p>	<p>Students will have a better sense of identity. They will be more committed to being a part of a community.</p> <p>Increased participation in the sacraments.</p> <p>Staff will be able to share positive comments regarding student progress during staff meetings.</p> <p>Increased participation from parents in school events (IE. Parents to support the Sewing Club through donations)</p> <p>Activities completed by our Leadership Teams will be evident in the school.</p> <p>Classroom support from the Parish Team to encourage Positive Mental Well-Being</p> <p>Christmas Concert at the Church</p>
<p>This goal related to our work with:</p> <p>Increasing and enhancing reciprocal community partnerships</p>	<p>Stakeholders involved in the implementation & outcome of this goal:</p> <ul style="list-style-type: none"> ● Students and Staff ● Parents ● Community Reps ● Parish Team 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> ● Daily Announcements ● Class Discussions ● Classroom Monthly Newsletters ● Parent Weekly and EDSBY 	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: January 2020 and May 2020