



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Joseph School Tilbury

Date: November 4, 2016

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students 1 Teaching Staff 3 Non-Teaching 1 Parents 1 Community 2 Admin 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
---	---

Bullying Prevention Plan for Safe and Mentally Healthy Schools

Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal Staff will continue to explicitly teach virtues and fruits of the spirit through mentor texts, school family prayers services and events to build resiliency among students.	Specific Implementation Strategies: -Use whole school virtue based mentor texts -School family events that share the creative contributions from school and community participants. - monthly school awards given to students who exemplify the virtue	Timelines -promote monthly events/awards - continue these for the entire school year	Indicators of Success: -reduced incident prevention plans being handed into the office - reduced safe school incident reports/suspensions

Bullying Prevention Plan for Safe and Mentally Healthy Schools

<p>This goal is related to: Promotion of spiritual and emotional health to develop safe and mentally healthy schools</p>	<p>Stakeholders involved in the implementation and outcome of this goal: -staff and student government</p>	<p>How will you communicate the goal to stakeholders: -through school newsletters, facebook, twitter, announcements, assemblies</p>	
<p>Goal #2:</p>			
<p>Specific Goal Create more structured activities for recess and lunch breaks to promote physical and mental wellness</p>	<p>Specific Implementation Strategies: Lunch hour and recess supervisors to bring out music box for student movement exercises School to develop an outdoor space area for intermediate students</p>	<p>Timelines Implement outdoor music space in 2106/2107 Build an outdoor game area for the junior and intermediate students in the spring of 2016/17 Gr. 8 leadership teams to form board game teams to play at recess/lunch breaks. To be done asap</p>	<p>Indicators of Success: -students engaged in healthy play at recess/lunch times -reduced safe school incident reports -</p>
<p>This goal is related to: Development of social, emotional and physical wellbeing</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Student leaders, staff, students and lunch hour supervisors</p>	<p>How will you communicate the goal to stakeholders: Parent council members, teachers and students will be involved in the development of these activities.</p>	

**Bullying Prevention Plan for
Safe and Mentally Healthy Schools**

--	--	--

Bullying Prevention Plan for Safe and Mentally Healthy Schools

Goal #3:			
<p>Specific Goal To develop viable and strong relationships with the home and community support systems.</p>	<p>Specific Implementation Strategies: Organize and present 2 or more school community events per year- ie. Fall Math/tech carnival</p>	<p>Timelines To be done in the fall and spring 2016/17</p>	<p>Indicators of Success: More than 50% of families attending school and community events</p>
<p>This goal is related to: Development of support groups to build relationships with students; social wellbeing</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Staff, students, parents and school community members from Local Health Unit, Police and Fire Department, Help Center</p>	<p>How will you communicate the goal to stakeholders: We will do this through school newsletters, assemblies, announcements at local youth and help centers</p>	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates _____