



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: **St. Joseph Catholic School, Corunna**

Date: **2016-17 School Year**

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students – **Rachel F, Liam R, Sarah K, Samantha M, Ryan C** Teaching Staff – **Stephanie Orange** Non-Teaching – **Angel McArdle**
 Parents – **Ed Powell** Admin – **Colleen Cogghe**

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1: SMILE BOARD			
Specific Goal As a school community, we will implement a Smile Board (positive comment board) in order to use student voice to promote student well-being and a positive school culture	Specific Implementation Strategies: -create a bulletin board with smile face sticky notes (positive comments on them) near the main entrance of the school -teachers / office will have the smile face sticky notes, students will ask to write a positive comment, teacher will check the positive comment, student will add it to the bulletin board – when in need, students will take a smile off of the board -introduce to staff at the December staff meeting (give examples of positive statements) -introduce to students at January liturgy and give examples of positive statements	Timelines -January, 2017 implementation until June, 2017	Indicators of Success: -observations of students adding smiles and taking smiles (positive comments) -increase in student well-being (feeling good about self and each other) -positive results from survey about Smile Board (in April)
Is this goal related to: -safe schools -well-being (reduce stressors identified in school climate survey) -positive school culture -student voice -making a positive difference in the lives of others – acts of kindness	Stakeholders involved in the implementation and outcome of goal: -awareness -opportunity to create a smile (positive comment) – school council, visitors to the school community, lunch hour supervisors	How will you communicate the goal to stakeholders: -email or note to families regarding the Smile Board -newsletter insert -introduce at the School Advisory Council in January and update at other meetings -visible in school community / visitors because of being located at the main entrance	

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Goal #2: BUDDY BENCH			
<p>Specific Goal As a school community, we will implement a Buddy Bench (on the school yard) in order to promote inclusion and student well-being, while developing a positive school culture</p>	<p>Specific Implementation Strategies: -identify an area on the yard (benches) where students who are feeling alone, sad, etc. can go and sit – once there, another student (buddy) will go and sit with him/her and/or ask him/her to play -develop a group of designated buddies to monitor and ensure someone goes over to support the person – hope is that others randomly start to be the buddy -introduce at the December, 2016 liturgy -create a summary for teachers to discuss / review the concept with their students</p>	<p>Timelines -December, 2016 implementation until June, 2017</p>	<p>Indicators of Success: -students using the bench to find a buddy / be a buddy -positive results from survey about Buddy Bench (in April)</p>
<p>Is this goal related to: -safe schools -well-being (reduce stressors identified in school climate survey) -positive school culture -student voice -acts of kindness – inclusion</p>	<p>Stakeholders involved in the implementation and outcome of goal: -awareness</p>	<p>How will you communicate the goal to stakeholders: -email or note to families regarding the Smile Board -newsletter insert -introduce at the School Advisory Council in December and update at other meetings</p>	
Goal #3: PLAYGROUND STRATEGIES			
<p>Specific Goal As a school community, we will develop playground strategies in order to promote a safe, positive school culture</p>	<p>Specific Implementation Strategies: -teacher will use whole group and small group direct instruction (looks like, feels like, sounds like), modelling and role-play to develop playground strategies with interaction skills, games to play, how to deal with conflict, etc. -develop playground strategies in students within a classroom and between classrooms – as students become experts, they teach students in another class -regular review of playground strategies</p>	<p>Timelines November, 2016 implementation until June, 2017</p>	<p>Indicators of Success: -observations of students using strategies on the school yard -decrease in frequency of issues on the playground -less teacher / supervisor having to intervene to deal with issues on the playground</p>

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<p>Is this goal related to:</p> <ul style="list-style-type: none"> -safe schools -well-being (reduce stressors identified in school climate survey) -positive school culture -student voice 	<p>Stakeholders involved in the implementation and outcome of goal:</p> <ul style="list-style-type: none"> -awareness 	<p>How will you communicate the goal to stakeholders:</p> <ul style="list-style-type: none"> -email or note to families regarding the Smile Board -newsletter insert -introduce at the School Advisory Council in December and update at other meetings
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Next Safe and Mentally Healthy Schools Action Team Meeting Dates

-November, 2016 to January, 2017 – weekly meeting to get goals organized and started

-February, 2017 to June, 2017 – monthly meetings for regular check-ins and review of the status of the goals (more often if needed)