



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: **Holy Rosary Catholic School** Date: **October 31, 2016**

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: **2**; Teaching Staff: **2**; Non-Teaching: **2**; Parents: **2**; Community: **1**; Admin: **1**

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none">• Current survey results (school climate)• Survey trends• Suspension reports• Feedback about safe and mentally healthy initiatives• Focus groups of students and educational partners• Audits of physical environment re: safe and mental health safe places• Review of existing programs and policies• Information and input from parents and community partners• Violent incident reports• Students sent to other schools, alt centres, offsite programs• Referrals to mental health agencies/partners	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none">• Are comprehensive in nature and adhere to the Foundations of a Healthy School• Reflect our mission• Reflect our faith• Focus on skill building• Focus on strengths of students and staff• Select appropriate targets for change• Select evidence based strategies and programs• Include students in the planning, implementing and evaluating of activities• Include parents in the planning and decision making process• Focus on the changing the social and physical environment• Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Focus on Character and Empathy building for all students:	“Fruits of the Spirit” incorporated into Liturgies; (Deacon and students participate) Announcements/Morning prayers “School Family” activities using Mentor Texts; Bulletin Board. Bi-weekly Wellness meetings with CYW; “Friends for Life” program in four classes.	Ongoing; weekly; Bi-weekly Weekly Classroom programs	Grade 7/8 students develop leadership and confidence. All students participate during Liturgies. Connection to Parish with weekly Deacon visits. Students demonstrate kindness and empathy toward each other as a “way of life”

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<p>Is this goal related to:</p> <p>Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Students, staff, Parish</p>	<p>How will you communicate the goal to stake-holders:</p> <p>Through the monthly newsletter, bulletin boards, classroom activities; Announcements.</p>	
<p>Goal #2:</p>			
<p>Specific Goal:</p> <p>Welcoming families to help them feel that their involvement in the school is integral to its success and flourishing.</p>	<p>Specific Implementation Strategies:</p> <p>Visuals in school – such as signage and art related to “School Families”; Class “ Instagram” to let parents see student work. Presence of “Greeters” (including Parent Advisory Council Reps.) at events to assist with orienting visitors. Parents wait for their children in the Chapel; Family Bulletin Board for parents to see while waiting in the front lobby.</p>	<p>Timelines</p> <p>Throughout the year and particularly at events in which parents and community members are in attendance</p>	<p>Indicators of Success:</p> <p>Higher attendance at Parent Advisory Council Meetings. More volunteers at events throughout the year. Parents feeling more included and welcome throughout the year.</p>
<p>Is this goal related to:</p> <p>Creating a welcoming environment. Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Parents, students, staff, Parent Advisory Council Members</p>	<p>How will you communicate the goal to stake-holders:</p> <p>It will be evident in the visual appearance upon entry to the school. Celebration of Learning night; Christmas Concert and other events to which parents and community members are invited ;Newsletter.</p>	

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Goal #3:			
Specific Goal: School “Family” Events	Specific Implementation Strategies: Students will be in their School “families” for various events including: Monthly “Fruit of the Spirit” activities; Masses; other school events. Older students will assist younger ones.	Timelines Ongoing events during the year Monthly School Family Events	Indicators of Success Younger students will feel rapport (safe) with older students. Students will exhibit empathy, resilience and leadership skills.
Is this goal related to: Community (team) building Empathy-building. Resilience – 21 st Century Skills	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents and the community at large.	How will you communicate the goal to stakeholders: Monthly calendar; Announcements; Incidentally through discussions with students, staff, parents and the community; bulletin board.	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: January