



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: Good Shepherd Catholic School

Date: October 26, 2017

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 5 Teaching Staff: 1 Non-Teaching: 1 Parents: 1 Community: 1 Admin: 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following
move you towards developing and

questions to help guide discussion and
selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
To continue to promote kindness in all we do in the school	<ul style="list-style-type: none"> -Good News Assemblies with a continued focus on kindness -Displays in hallway that promote kindness -Involvement in Kindness Week -Use of Mentor Texts that promote discussion and action around being kind -Classroom Initiated Activities that encourage other classes to participate in Acts of Kindness 	<p>October to June</p> <p>February</p> <p>Ongoing purchase of texts</p> <p>October to June</p>	<ol style="list-style-type: none"> 1. Less reporting to the office of unkind words being said 2. Staff/Volunteers hearing the difference in how students speak with each other 3. Displays in hallway filled with student acts of kindness 4. Increase in purchase of texts connected to kindness

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<p>Is this goal related to: -School Climate Survey -Student Feedback -Documentation at office from incidents at breaks</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Principal, Teachers, Students</p>	<p>How will you communicate the goal to stakeholders: Communication at our monthly Good News Assembly Monthly Newsletter Parent Council Meetings Monthly Staff meetings Safe Schools/Wellness Team meetings</p>	
Goal #2:			
<p>Specific Goal To build a more inclusive environment where all students feel their perspective is heard and respected for who they are</p>	<p>Specific Implementation Strategies:</p> <ol style="list-style-type: none"> 1. Use of school family groups school for different activities 2. Respect Tour 3. Good News Assemblies, ensuring students are together with school family with activities coordinated by Gr 7/8 Leaders 4. Bully Awareness Week activities 5. Use of Diversity Activities in classrooms 6. CYW support through various programs 7. Collaborative and Proactive Solutions 	<p>Timelines October, December, February, March, June</p> <p>October September-June</p> <p>Teachers book throughout the year Teachers book CYW throughout the year Ongoing</p>	<p>Indicators of Success:</p> <ol style="list-style-type: none"> 1. Students spending less time on their own at breaks(unless it is a preference) 2. Fewer students speaking with teachers as to how they are being excluded 3. Students able to share their perspectives in calm ways Teachers/Principal will be able to facilitate conversations between students 4. Fewer incidents reported to the office

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Is this goal related to: School Climate Survey Parent Feedback Office Incident Reports	Stakeholders involved in the implementation and outcome of this goal: Teachers, CYW, Principal, Support from Special Education Consultant	How will you communicate the goal to stakeholders: Monthly Newsletter Parent Council Meetings Monthly Staff meetings Safe Schools/Wellness Team meetings
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Goal #3:			
Specific Goal To promote resiliency	Specific Implementation Strategies: -Use of Mentor texts -Guest Speaker(s) -Chris Preece to speak with staff/school council from Well-Being Perspective -Suggestions for Parents in Newsletter	Timelines Ongoing throughout the year	Indicators of Success: 1. Students will persevere when situations become difficult 2. Purchase of Mentor texts with student connections made to text and shown through actions
Is this goal related to: Student Feedback Parent Feedback School Climate Survey	Stakeholders involved in the implementation and outcome of this goal: Teachers, Principal, Support from Chris Preece	How will you communicate the goal to stakeholders: Monthly Newsletter Parent Council Meetings Monthly Staff meetings Safe Schools/Wellness Team meetings	

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Next Safe and Mentally Healthy Schools Action Team Meeting Dates January, 2017 April, 2017