



Bullying Prevention Plan for Safe and Mentally Healthy Schools



School Name: Gregory A. Hogan Catholic School

Date: September 2018 to June 2019

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 2 Teaching Staff: 2 Non-Teaching: 0 Parents: 1 Community: 1 Admin: 2

DATE OF DEVELOPMENT: 2017	REVISED DATE: Dec. 6, 2018
SAFE SCHOOL TEAM	2018/2019
<i>School</i>	<i>Gregory A. Hogan Catholic School</i>
<i>Principal / Vice Principal</i>	<i>Daniela Mezzatesta / Derek Morrison</i>
<i>Teachers</i>	<i>Michelle Owen, Emilie Gelinis</i>
<i>Parents</i>	<i>Nicole White</i>
<i>Community Partner</i>	<i>Rick Mathieson (OPP)</i>
<i>Student</i>	<i>Hannah Dempsey, Ben Zangolli</i>
<i>Safe School Team Contact Person(s)</i>	<i>Daniela Mezzatesta, principal Derek Morrison, vice-principal</i>
<i>Email Addresses</i>	daniela.mezzatesta@sccdsb.net derek.morrison@sccdsb.net

Effective Action Plans consider the following sources of information:

- Current survey results (school climate)
- Survey trends
- Suspension reports
- Feedback about safe and mentally healthy initiatives
- Focus groups of students and educational partners

Effective safe and mentally healthy school programs:

- Are comprehensive in nature and adhere to the Foundations of a Healthy School
- Reflect our mission
- Reflect our faith
- Focus on skill building

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- Audits of physical environment re: safe and mental health safe places
- Review of existing programs and policies
- Information and input from parents and community partners
- Violent incident reports
- Students sent to other schools, alt centres, offsite programs
- Referrals to mental health agencies/partners

- Focus on strengths of students and staff
- Select appropriate targets for change
- Select evidence based strategies and programs
- Include students in the planning, implementing and evaluating of activities
- Include parents in the planning and decision making process
- Focus on the changing the social and physical environment
- Attend to effective implementation practices

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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal Continue to focus on kindness (embed fruits of the Holy Spirit into language and classroom lessons) using consistent language in the school and when communicating with parents.	Specific Implementation Strategies: Using mentor texts to illustrate concepts. Taking “teachable” moments to draw out “in the moment” illustrations of kindness/non-examples as well as fruits of the Holy Spirit. Principal/vice-principal and staff to randomly acknowledge students, staff and extended community members who	Timelines Ongoing	Indicators of Success: Students will self reflect and think before using unkind words or actions. Students will identify more often with acts of kindness throughout the school. Parents and staff will notice a difference in the speech and actions of our students.

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	<p>exhibit those characteristics using “gold coins”.</p> <p>Engage students in learning around unkind versus bullying.</p> <p>“Minds Up” program in classrooms developing self awareness and awareness of the needs and feelings of others.</p>		<p>All stakeholders to have a better understanding of what bullying is and is not and what is unkind.</p>
<p>Is this goal related to: Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents</p>	<p>How will you communicate the goal to stakeholders: Through the monthly newsletter, announcements, classroom activities, school advisory council.</p>	
<p>Goal #2:</p>			
<p>Specific Goal Welcoming families to help them feel that that their involvement is a welcome and essential element to the success of their children/our students and the school. Invite parents on SAC to “bring a message” to students at special events (school completion, assemblies, etc.)</p>	<p>Specific Implementation Strategies: Consistently ensure there is a strong parent presence at school events/functions including masses, assemblies, etc. Invite parents as “greeters”, at KinderStart, etc .</p>	<p>Timelines Current to June</p>	<p>Indicators of Success: An increase in the number of parents involved in school events. Parents will begin volunteering when offered opportunities. Members of School Advisory Council to be challenged to “bring a friend”.</p>
<p>Is this goal related to: Creating a welcoming environment. Faith/Mental Wellness</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Parents, students, staff, YMCA staff, and School Advisory Council Members</p>	<p>How will you communicate the goal to stakeholders: It will be evident in the visual appearance upon entry to the school. Celebration of Learning November night, Christmas Concert night, KinderSTART and other events held at the school in which parents and community members are invited to attend. - Greeters (students, School Advisory Council members).</p>	

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Goal #3:			
<p>Specific Goal Prayer through Christian Meditation and Knitting Club</p>	<p>Specific Implementation Strategies: Classroom teachers to engage in Christian meditation.</p> <p>Engage in school wide meditation or at assemblies when relevant.</p> <p>Knitting Club made available to grade 8s at lunch recess; this has the same effect as meditation due to repetitive nature.</p>	<p>Timelines Academic Year</p>	<p>Indicators of Success: More time on task of students with less interruptions or off-task behaviour.</p> <p>A calm and productive lunch hour for those students interested; students learn a new hobby which can be relaxing throughout their lives.</p>
<p>Is this goal related to: Faith/Mental Wellness Resilience – 21st Century Skills</p>	<p>Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents (via home connection and ideas in emails sent)</p>	<p>How will you communicate the goal to stakeholders: Announcements on PA School Advisory Council Staff meetings</p>	
Goal #a4:			
<p>Specific Goal Power of Joy, Happiness</p>	<p>Specific Implementation Strategies: Dance Party Friday: Afternoon recess play two/three songs over the PA for students to sing along, dance to while on recess. Student voice in spirit days honoured; increase in excitement and participation in school wide events (Valentine's</p>	<p>Timelines Every Friday, pm recess</p>	<p>Indicators of Success: Fewer students coming in for fake injuries. An uplifted mood in staff and students at a time that can be one of fatigue and not joyful. Students happy – about being at recess, outside, dancing, having fun!</p>

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	Cake Extravaganza, spirit days, etc.)		
Is this goal related to: Faith/Mental Wellness Resilience – 21st Century Skills	Stakeholders involved in the implementation and outcome of this goal: Students, staff, parents (via home connection and ideas in emails sent)	How will you communicate the goal to stakeholders: School Advisory Council Staff meeting	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: **TBD**