



## **Concussion**

**Date: 2015 02 24 / 2023 05 30**

### **Policy Statement**

The St. Clair Catholic District School Board recognizes the importance of the health, safety and overall well-being of its students and is committed to taking steps to reduce the risk of injury.

The Board recognizes that children and adolescents are among those at greatest risk for concussions and that while there is potential for a concussion any time there is body trauma, the risk is greatest during activities where collisions can occur, such as during physical education classes, playground time, or school-based sports activities.

Increasing awareness of conditions to prevent and identify symptoms related to concussions will support the proper management of concussions, reducing increased risk.

### **Policy Goals**

1. Establish a process for identifying concussion injuries to students and instituting a series of steps to ensure medical examination and, when necessary, treatment is obtained.
2. Outline a detailed and prescriptive process to support an injured student's return to school and return to physical activity.
3. Support the development of an awareness of the seriousness of concussions and ensure a process of regular and ongoing training in prevention, identification and management for Board staff and volunteers.