

SACRED HEART CATHOLIC SCHOOL

1411 Lecaron Avenue, Sarnia, ON, N7V 3J1

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Superintendent: Mrs. L. Demers

Trustee: L. Ward / J. McCann



MARCH NEWSLETTER



Dear Families,

Wow, what a **long** month of February we have had! Spring is just around the corner. Remember to move your clocks forward on Sunday March 8 and I hope everyone has an enjoyable March Break (March 14 – 22). See you back on Monday, March 23.

During the month of **March**, our school will reflect on the Fruit of the Spirit, **Generosity**. Your children will be involved in activities and curriculum connections that help them have a deeper understanding of this Fruit of the Holy Spirit. Students for the month of **February** that were recognized for **Love** were:

Class	Teacher	Student	Student	Student
JK/SK	Nead/Mina	Isabella S	Ky W	n/a
JK/SK	Petranski/Mariuz	Penn A	Clara E	n/a
1/2	Geary	Maia M	Andrew S	n/a
1/2	Brown	Lily D	Monroe P	n/a
2/3	Tremblay	Danica C	Rosie M	Will W
3	Stickley	Tyler I	n/a	n/a
4	Simard	Lucas B	Olivia V	n/a
4/5	Disper	Abbey S	Callum W	n/a
5	Peace	Blaire A	Katie C	Mya M
5/6	Bouma	Anjay G	Jocelyn M	Sawyer W
6	Babcock	Jaxon D	Rhys G	Allison G
6/7	Bunda	Grace A	MaryJane O	Anthony T
7/8	Houle	Kate B	Carys J	n/a
7/8	Short	Trent T	Grace N	n/a



FOOD DAYS

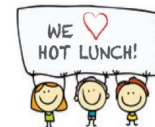
- PIZZA day – Friday, March 6
- SUBWAY day – Thursday, March 26

CHESS TOURNAMENT

Friday, March 27 during the day at Holy Trinity Catholic School in Sarnia

SCHOOL ADVISORY COUNCIL

The date of our next parent council meeting is **Thursday, March 12**
from 6:30pm to 8:00pm.



Kindergarten Registration for Classes Beginning September 2019

If you missed our kinderSTART event ... don't worry! You still have plenty of time to register. And new this year, parents and guardians can submit the Kindergarten registration form directly online!

It's another option for you – choose the option that best suits you!

- Visit the Board website at <https://kreg.sccdsb.net/> to complete then submit the registration form online. You will be contacted by the school to confirm your registration.
- Or, you can download and print the registration form, fill it out and bring it to the school.
- Or, make an appointment or drop by the school and pick up a registration package.

We look forward to welcoming your child to Full Day Kindergarten next September!

Junior kindergarten students (born 2014)
are eligible for...

Eye See... Eye Learn®

Children in JK qualify for a pair of complimentary glasses!

Start your child's education with
clear vision and healthy eyes.

Book your OHIP-covered eye exam
with an Eye See...Eye Learn®
participating optometrist before
June 30, 2019.

**Find a participating optometrist
near you: www.eyeseeeyelearn.ca**

Program made possible by our exclusive industry partners
and participating Eye See...Eye Learn® optometrists.



Sarnia Sting/Family Fun Night

Thank you to all of you who attended the game. We made a total of \$ 740 which will go toward the Purchasing of Technology. Below are the CAP prizes and the winners were:

1st Prize - Allie Geary

2nd Prize - Jocelyn VanEkeren

3rd Prize - John Todd

1st Prize (Value of \$127.00):

- Google Nest Mini
- Dairy Queen Cake
- Valley Axe for 2
- Personal Pizza
- 6 Bagel Factory Bagels

2nd Prize (Value of \$81.00):

- BreakAway-10 Skate Sharpenings
- The BookKeeper Gift Certificate
- 6 Bagel Factory Bagels

3rd Prize (Value of \$56.00):

- 4 Games at Marcin Bowl
- Subway Gift Card
- 6 Bagel Factory Bagels





Congratulations to our **Senior Girls and Senior Boys Basketball** teams for their awesome season. Both teams had great seasons Thank you very much to their coaches, Mm. Cimetta, and Mrs. Tremblay (Senior Boys), and Mrs. Shortt, Mrs. Houle, and Ms. Stickely (Senior Girls)!

PASTA FEST

\$15.00/ticket - available through School Cash On Line - from March 2 - 23

Sacred Heart Catholic School, Sarnia is hosting a Silent Auction at our Pasta Fest fundraising event with the **Dante Club** of Sarnia on **Thursday, March 26th**, 2020 from **5-7pm.**

We are looking for donations of items that we can offer in our Silent Auction.

The funds raised from this event will support our Grade 7 students with their school trip to **Muskoka Woods Camp** on Lake Rosseau, Muskoka, Ontario. This is the 11th year that Muskoka Woods Irish Experience has run and it is the highlight of the Gr. 7 class's school year! We appreciate any support you are able to donate to us.



When is my child too sick for school?



Send me to school if...

- I have a runny nose or a mild cough, but no other symptoms and can participate in school activities.
- No fever is present for 24 hours and no medication taken to reduce symptoms during those 24 hours.
- No throwing up or diarrhea for 24 hours and no medication taken to reduce symptoms during those 24 hours.



Keep me at home if I have...

- A temperature higher than 37.7° C (99.9. ° F)
- Been throwing up or had diarrhea in the last 24 hours.
- Painful red eyes with discharge that keeps coming back during the day.
- Body aches, headaches and feel fatigued.
- A sore throat with a fever.
- A harsh cough and don't feel able to participate in school activities.
- An undiagnosed rash.



Follow up with my Health-Care Provider if I have...

- A fever for more than 2 days.
- A sore throat and fever for several days.
- Been throwing up or had diarrhea for more than two days.
- A cough for more than a week and it isn't getting better.
- A fever and now have a rash.
- Any urgent medical concerns.

For more information contact our infectious disease prevention and control team at 519-383-8331 or 1-800-667-1839. Resource adapted and revised with permission from Chatham-Kent Public Health.



**Lambton
Public Health**

Follow us:



LambtonPublicHealth.ca

Solidarity Calendar

PREPARE YOURSELVES!
Follow our Solidarity Calendar on Facebook and Instagram!
Visit: devp.org/lentcalendar for more info.

Place our Solidarity Jar sticker on a recycled container and use it to collect money during Lent, which you can then donate to Development and Peace!

When you see these icons: or

go to devp.org/lentcalendar

Teachers, each Friday, explain the weekend actions so your students know what to do at home!

February 26
Ash Wednesday
Let's honour our loving Creator God and care for our common home.

February 27
Watch our animated video for our **Common Home**. What can you do to care for the Earth and its peoples?

February 28
Do you buy things you don't need? Learn the difference between needs and wants so you can be a smart consumer! Explore this theme through our fun group activity!

February 29
Can you reduce your use of disposable packaging (even recyclables)? Donate 25¢ for every item in your recycling bin.

March 1
1st Sunday of Lent
Lord Jesus, be with us in our commitment to care for our common home and all its inhabitants.

March 2
Catholic Social Teaching (CST)
Is central to our faith and the work of Development and Peace. Each Monday, discover a CST principle and learn how it helps build the Kingdom of God.

March 3
Sign our **intergenerational pledge** for our common home! Let's all commit to living more simply.

March 4
Indigenous and traditional peoples in the Amazon are threatened for protecting their land and water. Let us pray for them.

March 5
Elementary school students are speaking up for the planet. Find out what they have to say!

March 6
The Amazon is home to 1/3 of the Earth's forests. How can we better protect our forests and their guardians?

March 7
It's baking time! With family and friends, make muffins and sell them in support of Development and Peace! Thank you!

March 8
2nd Sunday of Lent
Lord Jesus, let us pray for the women who courageously defend the land, water and people. Learn about Bertha Cáceres or Sr. Dorothy Stang.

March 9
Preferential Option for the Poor
This means that we must prioritize those most in need of our solidarity.

March 10
Let's reduce food waste! Buy ugly fruits and vegetables. They are just as tasty! Donate \$1 to your Solidarity Jar for your good deed!

March 11
"In 50 years, will we be able to breathe money, drink oil and eat gold?" This is what Yesica Patschi, member of the Harakbut Indigenous community in Peru, is asking companies using the Amazon for profit. Pray for ecological justice all over the world.

March 12
Indigenous peoples believe that: **Mother Earth must be respected**. Learn more about the Harakbut's relationship with nature and their vision of the world.

March 13
Can you say: **nikawtawmáñ káwawmáñ asíñ**? This means: "Let us take care of our Mother Earth" in Cree. What do you know about Indigenous communities in Canada?

March 14
The Amazon spreads over 9 countries. Development and Peace works in 6 of them. Visit our website to find out which ones and give 50¢ for each country.

March 15
3rd Sunday of Lent
Lord Jesus, help the whole human family care for our planet Earth, so that we may sow beauty rather than pollution and destruction.

March 16
Human dignity. As God's children, we are all made in His image. This means we have an inherent dignity that must be respected no matter where we come from or how much money we have.

March 17
Simple changes can help reduce pollution and slow global warming. During Lent, avoid single-use plastics and buy in bulk. Give 25¢ for every reusable bag your family owns.

March 18
The Indigenous Mura people in the Brazilian Amazon live by fishing, hunting and gathering. Their sustainable way of life is threatened by a Canadian-financed mine. Pray for them and their future.

March 19
The Muras are also threatened by cattle ranching. The buffaloes are destroying their crops and polluting their waterways. Watch their testimonial.

March 20
The Muras were not asked when a company made plans to mine on their territory. How would you feel if this happened to you and your home?

March 21
Give \$2 to support Development and Peace partners, such as REPAM and CIMI, who are helping poor communities have their rights respected.

March 22
World Water Day
4th Sunday of Lent: Lord Jesus, may your light offer strength to the Indigenous and traditional peoples of the Amazon. Please protect their drinking water from contamination by companies.

March 23
Solidarity
Loving our neighbour has global dimensions. We are "all in this together" and as such, we are all part of a human family that is interconnected. Development and Peace stands with our partners as equals.

March 24
In many countries, mining companies dump toxic chemicals into the water, which contaminates the soil where people grow their food. Some of the metals mined are in our electronic devices. For each one in your house, give 50¢.

March 25
The seringueiros are artisanal rubber tappers in Brazil who have lived in harmony with nature for decades. Their rubber trees are now being cut down by logging companies. Pray that their sustainable way of life is preserved.

March 26
The seringueiros are defending their land against illegal logging. Watch their message.

March 27
Climate change affects us all, but it is the poorest communities who suffer the most. We must buy less and use what we have. How can you live more simply?

March 28
In many countries poor people have their land taken away. Our partner CIMI in Brazil is helping them claim their right to have access to land. Donate \$2 to show your support.

March 29
Solidarity Sunday
Bring your jar of donations to mass today for the Solidarity Sunday collection or give online at devp.org/give. THANK YOU!

March 30
Rights and Responsibilities
Each person has the right to access what they need to thrive, like water, food and shelter. We also have the responsibility to ensure these rights. And don't forget the rights of the Earth!

March 31
Would you like to grow your own tomatoes, eggplants or peppers this summer? Now would be the time to start your indoor seedling!

April 1
Everyone has the right to a dignified life. It is our responsibility to respect our neighbours and our common home. Pray that we may all live in dignity, peace and security.

April 2
Secondary school students are speaking up for the planet. Find out what they have to say!

April 3
Ask yourself, and those around you: **How are struggles of Indigenous peoples in the Amazon similar to those faced by Indigenous people here in Canada?**

April 4
Do you have enough toys? For your next birthday, ask for donations to Development and Peace to help our sisters and brothers in need in the Global South.

April 5
Palm Sunday
Lord Jesus, give us the courage to be advocates for those who suffer unjust situations.

April 6
Care for Creation
The Earth is sacred. We have a responsibility to protect and cherish its ecological diversity, beauty and life-sustaining properties. Together, we must hold it in trust for future generations.

April 7
Be inspired in your ecological conversion! Join our Facebook group For our Common Home for tips on how to live simply and in harmony with nature.

April 8
Our world is interconnected. The pollution from industrialized countries like Canada impacts people in the Global South. Convert our hearts, O Lord, that we may consume less.

April 9
Holy Thursday
Did you know that Pope Francis wrote a letter about our common home? Learn more on his encyclical *Laudato Si'* by watching this animated video.

April 10
Good Friday
Pope Francis is asking us to listen to the cry of the Earth and the cry of the poor. As we walk with Christ to Calvary today, let's reflect on how those cries are interconnected.

April 11
Holy Saturday
Let us pray: "Thy kingdom come. Thy will be done on Earth as it is in heaven." Ask your parents if they'd like to become monthly Development and Peace donors to help build God's kingdom of justice and peace on Earth. devp.org/shareyearround

April 12
Happy Easter!
Alleluia, Alleluia. Lord Jesus, as we celebrate your rising, may we be a joyful Easter People, who help you usher in a kingdom where all may live the abundance of life.

Thank you for your solidarity!

Meet Susan Mariela

14 years old

"Hi! My name is Susan Mariela and I'm from Puerto Luz, Peru, which is in the Amazon. I speak the Harakbut language and am happy to come from an Indigenous community. I like how different we are. The Amazon, for me, is important. It's where I come from and where I feel at home. I'm always surrounded by animals and fruit trees, and I'm constantly learning new things.

I can see that contamination is increasing and logging is becoming excessive. Oil extraction is also polluting our rivers. I think people don't realize they are hurting others with their actions. There are Indigenous people who go out and fish but find the waterways polluted. They can't find drinking water or places to wash.

I want us to protect nature. My community and I are asking that we all take care of the forest. Please spread the word and let others know about us. We Indigenous peoples need to ensure that our way of life will not be destroyed and our people will not become extinct."

In Peru, Development and Peace – Caritas Canada is working with the Amazon Center of Anthropology and Practical Applications (CAAP) to protect the Amazon rainforest and the rights of its Indigenous communities.

See what Susan Mariela and her peers at the Santa Cruz school in Puerto Maldonado, Peru, have to say about the Amazon and our common home.

Draw your solidarity

As part of the For our Common Home campaign, we are asking Canadians to stand in solidarity with the Muras and the seringueiros of Brazil. You are invited to sign our Solidarity Letter at devp.org/act, or draw your own message of solidarity.

Scan or take a picture of your drawing and send it to: action@devp.org by April 30, 2020.

The drawings will be published in a Flickr photo album and then given to the communities in July 2020 by a Development and Peace youth delegation.

Share Lent 2020

Development and Peace
CARITAS CANADA

Lent calls us to three actions: praying, fasting, and almsgiving.

Praying
We pray to grow closer to God – the source of our strength and the inspiration for how we live in the world.

Fasting
We fast from things that distract us from God, or make a sacrifice to give up things we enjoy.

Almsgiving
We give things because we are inspired by God's love for every part of His creation. We respond with charity – helping others in their need – and with justice – bringing transformation into systems, policies, and ourselves. We do this in participation with God, to build His kingdom on Earth.

Solidarity Calendar

For our COMMON HOME

The Earth is full of beauty and wonder and of one of its natural wonders is the Amazon rainforest.

The Amazon is the largest tropical rainforest, spanning nine countries in South America. It is home to half of all living plants and animals on the planet, and to more than 30 million people, of whom three million are Indigenous. The Amazon also helps to cool the planet and plays an important role in limiting climate change.

Yet, the Amazon and its people are under threat. Big companies want its natural resources because they can sell them or use them to make other products. They are building highways and railroads, cutting down trees and polluting the waterways. Indigenous and traditional peoples are trying to protect the Amazon, which is important for all of us, but they are facing intimidation, persecution and violence.

This Lenten season, Development and Peace – Caritas Canada invites you to stand in solidarity with the guardians of the Amazon, as we care for our common home.

Let's put our love for the world and our love for our neighbours into action by living in harmony and caring for nature.

Journey down the Amazon River with our Solidarity Calendar to learn, think, pray and act throughout the period of Lent!

Let's play!

1. What are the threats to the Amazon? Circle all correct answers:

A. Cattle ranching B. Industrial agriculture C. Logging and deforestation D. Mining E. Hydroelectric dams

2. How can we live more simply? Colour in red what you and your family can do less or use less. Colour in green what you can try to do more often.

A. Ride a bike B. Take your car everywhere C. Ride the bus D. Take a plane E. Eat lots of meat F. Eat local fruits and vegetables

G. Take quick showers (and don't overfill your bath) H. Recycle your well-rinsed containers I. Update electronics as soon as you can J. Reuse - Repair K. Buy many things (more than you need) L. Waste leftover food

Share Lent 2020 Development and Peace CARITAS CANADA

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