



Our Lady of Fatima Catholic School

545 Baldoon Road
Chatham, Ontario N7L 5A9
Telephone: 519-351-4040



Principal: Kelly VanBoxtel **Vice-Principal:** Courtney Mellow **Secretaries:** Jenny Lips & Kim Wells

Principal's Message:

The last few weeks have been very different for all of us. We are missing our students VERY much and wishing we could see them in person! You would have all heard from your child's teacher by this point. If you have not gotten any communication, please let Mrs. Mellow or I know and we will help you to ensure you are getting what they are sending.

We have found that these past couple of weeks have been busy with emails! We want to make sure that you did not miss one important message from us:

- If you, or anyone you know, are struggling financially to support your families with **groceries, daily living needs**, etc. you can reach out to <https://www.ckgives.ca/> or email us directly. We want to do everything we possibly can to support all our families.

You will also be seeing LOTS of ideas to support your child's learning at home. We want to highlight two places you can go to get started (and see below for even more if you're interested);

- Our St. Clair staff have put together the following learning hub: <https://hub.sccdsb.net/home>
- The Ministry of Education Site can be found at: <https://www.ontario.ca/page/learn-at-home>

Please know that during this time of uncertainty, our staff is praying for you! Be sure to reach out to us to stay connected and let us know of any family needs.

God Bless,

Kelly VanBoxtel and Courtney Mellow

Principal & Vice-Principal

OUR VISION

Catholic Education † Future Ready

Monthly Fruit of the Spirit:

Peace:

Creating right relationship with
God, ourselves and the world.

Let us then pursue what makes for peace and for mutual up-building.
Romans 14:19 (NRSV)

Resources to explore as a family:

1. [3 minute retreat](#) - take three minutes as a family to reflect and pray together.
2. Growing in Faith; Growing in Christ (See instructions below to login from home)
3. Peace - [Fruit of the Spirit Read Aloud "I am Peace"](#)

Prayer during a Pandemic

*Loving God, Holy One,
Your desire is for our wholeness and well-being.
We hold in tenderness and prayer
the collective suffering of our world at this time.
We grieve precious lives lost and vulnerable lives threatened.
We ache for ourselves and our neighbors . . .*

Directions for Accessing Growing in Faith, Growing in Christ Resources at Home

Student-Home Website: <http://www.pearsoncanada.ca/school/growinginfaith/student-home/>

- Find your child's Grade level
- Click on "Sign In"
- Student Login: Username: **stclair99**
Password: **Student99**
- Click on "Sign In"

You will then see a screen that looks similar to one below:

- You can choose to read stories from the eText, watch videos, listen to songs, etc.
- You will notice that there is a link called "This Week at Home" or Parent Corner. . If you click on this link, you will find a Week at a Glance activity sheet for the corresponding week linked to the liturgical calendar (**see chart below**).
- "Have fun exploring and be sure to ask your child's teacher if you have any questions.

Grades 1-3

Grades 4-6



<i>Growing in Faith, Growing in Christ</i> Weekly Calendar			Week 27 March 22-28	Week 28 March 29-Apr 4
Week 29 April 5-11 Holy Week	Week 30 April 12-18	Week 31 April 19-25	Week 32 April 26-May 2	
Week 33 May 3-9	Week 34 May 10-16	Week 35 May 17-23	Week 36 May 24-30	Week 37 May 31-June 6
Week 38 June 7-13	Week 39 June 14-20	Week 40 June 21-27		

Free App – "Pearson eText Canada"

- If you have an iPad, you can install this free app to access the eText that goes along with your child's grade. When you open the eText, you will see that there are videos and songs embedded on many pages. You will notice an arrow in the top right corner as well. If you click on it, it will read the text to your child while highlighting the words. You will also notice a button that says "Try It" that will connect to activities that your child can use to reinforce the content.

Even though we cannot be together physically, please know that each and everyone of us at Our Lady of Fatima Catholic School is thinking of you and we are here if you need us. Please see staff emails below should you wish to contact anyone.

We are here to support you!

Staff member:	Email:
Kelly VanBoxtel - Principal	kelly.vanboxtel@sccdsb.net
Courtney Mellow - Vice-Principal	courtney.mellow@sccdsb.net
Jenny Lips -Secretary	jenny.lips@sccdsb.net
Kim Wells - Secretary	kim.wells@sccdeb.net
Kim DeCook - Kindergarten Teacher	kim.decook@sccdsb.net
Jennifer Chickowski - Early Childhood Educator	jen.chickowski@sccdsb.net
Lisa Todino - Kindergarten Teacher	lisa.todino@sccdsb.net
Anglea Rota - Early Childhood Educator	angela.rota@sccdsb.net
Lindsay Chambers - Grade 1 Teacher	lindsay.chambers@sccdsb.net
Pierrette DeNure - Grade ½ Teacher	pierrette.denure@sccssb.net
Lisa Matteis - Grade ⅔ Teacher	lisa.matteis@sccdsb.net
Christina Machado - Grade ⅔ Teacher	christina.machado@sccdsb.net
Candice Bezaire - Grade ⅔ Teacher	candice.bezaire@sccdsb.net
Wendy Clarke - Grade 3 Teacher	wendy.clarke@sccdsb.net
Karen Jones - Grade 4 Teacher	karen.jones@sccdsb.net
Greg Moore - Grade ⅔ Teacher	greg.moore@sccdsb.net
Laura Cobb - Grade 5 Teacher	laura.cobb@sccdsb.net
Susan Galbraith - Grade 6 Teacher	susan.galbraith@sccdsb.net
Jodi Tetrault - Grade 6/7 Teacher	jodi.tetrault@sccdsb.net
Marilyn Pearson Grade ⅔ Teacher	marilyn.pearson@sccdsb.net
Sandra Ennett - Grade ⅔ Teacher	sandra.ennett@sccdsb.net
Nicole Trinca - Physical Education Teacher	nicole.trinca@sccdsb.net
Laura Stacey - Physical Education Teacher	laura.stacey@sccdsb.net
Louise Kaniecki - French Teacher	louise.kaniecki@sccdsb.net
Shawna Belanger - French Teacher	shawna.belanger@sccdsb.net
Jo-Ann Burton - French Teacher	joann.burtoncouto@sccdsb.net
Rocco De Santis - Music Teacher Rachel Franssen - Librarian	rocco.desantis@sccdsb.net rachel.franssen@sccdsb.net

[Mental Well-Being and Community Resources:](#)

ST. CLAIR CATHOLIC DISTRICT SCHOOL BOARD



GOOD MENTAL HEALTH AND WELLBEING

Updated: March 18, 2020

Things you can do to support yourself

- Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting.
- Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

Not all children and teens respond to stress in the same way. Some common changes to watch for include

- Excessive crying or irritation in younger children
- Returning to behaviors they have outgrown (for example, toileting accidents or bedwetting)
- Excessive worry or sadness
- Unhealthy eating or sleeping habits
- Irritability and "acting out" behaviors in teens
- Poor school performance or avoiding school
- Difficulty with attention and concentration
- Avoidance of activities enjoyed in the past
- Unexplained headaches or body pain
- Use of alcohol, tobacco, or other drugs

There are many things you can do to support your child

- Take time to talk with your child or teen about the COVID-19 outbreak. Answer questions and [share facts](#) about COVID-19 in a way that your child or teen can understand.
- Reassure your child or teen that they are safe. Let them know it is ok if they feel upset. Share with them how you deal with your own stress so that they can learn how to cope from you.
- Limit your family's exposure to news coverage of the event, including social media. Children may misinterpret what they hear and can be frightened about something they do not understand.
- Try to keep up with regular routines. Create a schedule for learning activities and relaxing or fun activities.
- Be a role model. Take breaks, get plenty of sleep, exercise, and eat well. Connect virtually with your friends and family members.

Source: North American Centre for Threat Assessment and Trauma Response

Kindergarten Registration

for Classes Beginning September 2020

If you missed our kinderSTART event ... don't worry! You still have plenty of time to register. Parents and guardians can now submit the Kindergarten registration form directly online!

It's another option for you – choose the option that best suits you!

- Visit the Board website at <https://kreg.sccdsb.net/> to complete then submit the registration form online. You will be contacted by the school to confirm your registration.
- Or, you can download and print the registration form, fill it out and bring it to the school.
- Or, make an appointment or drop by the school and pick up a registration package.

We look forward to welcoming your child to Kindergarten next September!