



Chatham-Kent Public Health Unit

Pandemic H1N1 (pH1N1) Situation Update

Current Situation ^{NEW}

Issue 7 – December 15, 2009

We will no longer be reporting Chatham-Kent individual positive H1N1 case numbers as testing is only being done according to criteria set out by the Ministry of Health and Long-Term Care. The numbers will therefore not reflect true illness rates.

| Location | Number of Laboratory Confirmed Cases | Number of Reported Hospitalizations | Number of Reported Deaths |
|--------------|--------------------------------------|-------------------------------------|------------------------------|
| Chatham-Kent | See above | 27 <i>As of Dec 14/09</i> | 0 <i>As of Dec 14/09</i> |
| Ontario | 8633 <i>As of Dec 5/09</i> | 1725 <i>As of Dec 9/09</i> | 113 <i>As of Dec 9/09</i> |
| Canada | Not available | 8102 <i>As of Dec 5/09</i> | 369 <i>As of Dec 5/09</i> |

Influenza activity measures in Ontario indicate activity is declining each week. Based on this, we will discontinue this update after this issue for the time being.

Current Issues ^{NEW}

pH1N1 Influenza Vaccine Update

Community influenza clinics are winding down in Chatham-Kent. We have three community clinics left:

- December 15th from 1-7 pm at the WISH Centre, 177 King St. in Chatham
- December 17th from 1-7 pm at the Tilbury Arena, 49 Bond Ave. in Tilbury
- December 17th from 1-7 pm at the Rudy Brown Building at Ridgetown College in Ridgetown

In January, we are offering H1N1 vaccine and seasonal vaccine at three separate clinics at the Chatham-Kent Public Health Unit; however **clients must book an appointment to attend**. Please encourage clients to call our flu information line at 519-352-7270 ext. 2800 to schedule an appointment.

For more information, please contact the Chatham-Kent Public Health Unit at 519-352-7270 ext. 2800.

The dates and times of these clinics are:

- Thursday, January 14, from 3-6 pm
- Tuesday, January 19, from 3-6 pm
- Tuesday, January 26, from 3-6 pm

One extra clinic day has been tentatively scheduled for February 1 from 3-6 pm if needed.

PLEASE BRING YOUR HEALTH CARD TO ALL CLINICS.

Public Health Measures

At this time, there is one type of influenza virus circulating—the pH1N1 influenza virus. The key message for everyone at this time is to follow these personal protection measures:

- Wash your hands frequently and well, or use alcohol-based hand sanitizer (ABHS) if soap and water is not available and your hands are not visibly soiled.
- Cough and sneeze into your sleeve or use a tissue. Discard tissue after use and wash your hands with soap and water or ABHS.
- Clean shared surfaces.
- Stay at home if you are sick—which includes staying home from school, day care, work and activities you participate in outside of work and school hours.

Find out about immunization against pH1N1 influenza.

Sources of Information

PUBLIC

- Guidelines for the Prevention and Management of Pandemic (H1N1) 2009 Influenza Virus in Colleges and Universities (<http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/>)
- Guidelines for the Prevention and Management of Pandemic (H1N1) 2009 in Elementary and Secondary Schools (<http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/>)
- Pregnancy and H1N1 (<http://www.phac-aspc.gc.ca/alert-alerte/h1n1/fs-fi-pregnancy-grossesse-eng.php>)
- Chatham-Kent Public Health Unit (<http://www.chatham-kent.ca>)
- Ministry of Health and Long-Term Care (www.ontario.ca/flu)
- Public Health Agency of Canada (www.fightflu.ca)
- World Health Organization (<http://www.who.int/en>)

HEALTH CARE PROFESSIONALS

- Guidance for Management of Patients with Influenza-like Illness in Long-Term Care Settings during Pandemic (H1N1) (http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/docs/ltc_guidance.pdf)
- Guidance for Management of Patients with Influenza-like Illness in Ambulatory Care Settings during Pandemic (H1N1) 2009 (http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/docs/ambulatory_guidance.pdf)
- Guidance for Management of Patients with Influenza-like Illness in Emergency Departments during Pandemic (H1N1) 2009 (http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/docs/emergency_guidance.pdf)

For more information, please contact the Chatham-Kent Public Health Unit at 519-352-7270 ext. 2800.

- Important Health Notice for Health Care Professionals November 13, 2009 (<http://www.health.gov.on.ca/english/providers/program/emu/ihn.html>)
- Ontario Influenza Bulletin (http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/flu_bulletin.aspx)
- Guidance for Pharmacists and Pharmacies on Ontario's Antiviral Distribution Strategy for Managing Influenza-like Illness during Pandemic (H1N1) 2009 (http://www.health.gov.on.ca/en/ccom/flu/h1n1/pro/docs/pharmacies_guidance.pdf)