



ST. CLAIR CATHOLIC
DISTRICT SCHOOL BOARD

Lighting the Way – Rejoicing in Our Journey

www.st-clair.net

www.st-clair.net/schools/ursuline



Ursuline College Chatham

Catholic Secondary School

November / December Newsletter

Director: Deb Crawford
Principal: Ray Power

Superintendent: Scott Johnson Board Chair: J. Van Heck
Vice-Principals: Rick Baggio, Mary Ann McCrae

November / December 2019

Principal's Message

Today UCC celebrated Remembrance Day acknowledging the efforts of so many to allow us the freedoms we have always known as Canadians. It was a reverent and reflective assembly where the students were the focus sharing the message. It made me reflect on how many occasions our students' efforts and accomplishments have taken centre stage in just the first half of our semester. Last weekend six of our school teams were in championship games of which half were crowned LKSSAA champions. Forty-five students were participating in a Waterloo computer challenge while an audience of hundred more listened to a variety of musicians sing and perform at our Eclectic Java show. All of these opportunities are a result of being blessed by attending an amazing school in a strong and vibrant Catholic education system in Ontario.

With incredibly strong academic standards, EQAO scores that match and exceed the provincial standards, UCC continues to challenge our students to meet their full potential; physically, emotionally, intellectually and spiritually. We recently held parent teacher interviews to discuss student progress. Mid-term report cards will be sent home mid November. Our Principal Learning Team has been visiting classrooms to speak to students about their learning and strategies they recommend to meet their needs. It has been a very positive experience for the administration team and our Superintendent Scott Johnson. You would be very proud of your child's feedback as young learners.

Martha McGregor, chairperson of our School Advisory Council chairperson invites any parent to attend our next School Council meeting at 6:00 pm on November 26th in the school library. Our focus will be a presentation from CK Public Health on educating parents about vaping and substance abuse. There will be four more scheduled meetings this year.

As we journey deeper into the 2019-2020 school year, our students and staff will be supporting the "Christmas in Muskoka" annual fundraiser to help offset the cost of an amazing outdoor experiential learning opportunity for grade 7 students in our Board. This year the event will be held at the Bradley Centre from Tuesday, November 19 through Saturday, November 23rd.

Earlier this year our Director of Education shared a new Board strategic plan naming our mission and vision. "Catholic Education. Future Ready – Learning together today, transforming tomorrow." All the events I reference above speak to the many great things that are happening at UCC.

Soon the season of Christmas will be upon us. We will celebrate advent Christmas masses, reconciliation, a Christmas concert, and our annual Pedegape Community Christmas dinner. We will embark on a joyful time of year for many different reasons. Christmas will be a time of expectant waiting and preparation for the celebration of Christ' coming. At that time, I will be able to look back at our semester and be amazed with the commitment of students and staff, their outstanding work academically, their extra-curricular participation, support of worthy causes and sharing in school spirit.

I continue to be extremely proud of this wonderful school community.

Lancer Loud, and very Lancer Proud!

Ray Power

A Message from our Chaplain

I would love to share with you two wonderful events that occurred earlier this month. The first took place during the 3 Holy days of prayer: All Hallow's Eve, All Saints Day, and All Souls Day.

On November 1st staff from UCC, along with the collaboration of the Ursuline Sisters and Joshua Ministries, opened the doors of the Old Pines Chapel for an evening of silent prayer.

The name of the event was "Peace at the Pines" and it offered an environment of silent contemplation and tranquility for anyone in the community.



The second event was our school's participation in the joint meeting of the Chatham-Kent Deanery and St. Clair Catholic District School Board. We were honoured to have four students represent the initiatives taking place in reflection to Pope Francis' Encyclical, "Laudato Si".

Ethan Gilhula, Daisy White, Adele Culverwell, and Izzy Bailie spoke to the overwhelming involvement of how UCC lives out our Catholic Mission to promote and care for the sacredness of our planet and all life that it sustains.



As Advent approaches, we will begin our new liturgical year by offering the Sacrament of **Reconciliation on Thursday, December 4 from 11AM to 1PM**, and **three Masses on December 18th**, at 9:35 AM (grade 10), 9:45AM(grade 11/2), and 1:05PM(grade 9).

May you
With gratitude,

Thomas Dula
Chaplaincy Leader



Attention Graduates

Post-secondary application deadlines: OUAC for university applications is Wednesday, January 15, 2020 and the OCAS due date for college applications is February 1, 2020.

If you do not have your PIN to apply to university or your OEN to apply to college, please see your Guidance counsellor.

Students are strongly advised to apply to university or college before the Christmas Holidays as the application websites get very busy before the due dates and there is no customer support available during the Christmas break.

Completion of 40 hours of Community Service is required for early acceptance to university and college programs. Students should have their community service hours completed before the beginning of second semester.

VOLUNTEER HOURS

All students are encouraged to work towards early completion of the **40 Hours of Volunteer requirement**. Students should check the bulletin board in the Guidance lobby and listen to announcements for upcoming volunteer opportunities.

Grade 9 students should submit their signed volunteer sheet with any number of volunteer hours before Christmas for a **chance to win PRIZES!!**

Submit any hours to the Guidance secretary Ms. Kosik for a chance to win.

Literacy LUNCHES

November - December

Workshop Schedule

Every Tuesday and Thursday

DURING 2nd LUNCH

Rm. 207

Completely FREE

Snacks provided

Literacy Skills Workshop Schedule - 2019

SEMESTER 1

Date	Workshop Title	Date	Workshop Title
Tuesday November 5	Summarizing: Finding the Main Idea and Supporting Details	Thursday November 7	Summarizing: Finding the Main Idea and Supporting Details
Tuesday November 12	Inferencing: Finding Implicit Meaning in a Text	Thursday November 14	Inferencing: Finding Implicit Meaning in a Text
Tuesday November 26	Reading Strategies and Multiple Choice Questions	Thursday November 28	Reading Strategies and Multiple Choice Questions
Tuesday December 3	Writing a News Report	Thursday December 5	Writing a News Report
Tuesday December 10	Essay Writing: Introduction	Thursday December 12	Essay Writing: Introduction
Tuesday December 17	Essay Writing: Advanced (You must bring a previously written essay to participate)	Thursday December 19	Essay Writing: Advanced (You must bring a previously written essay to participate)

March 31, 2020

OSSLT DAY

*Workshops subject to change/cancellation due to weather or chronic low attendance

You're Invited

Apps and Apprenticeship



November 20th, 2019

Links of Kent

6:30pm - 8:00pm

COME LEARN ABOUT THE NEXT STEPS TO A SKILLED TRADES PATHWAY AFTER HIGH SCHOOL. THIS SESSION IS GOOD FOR STUDENTS AND PARENTS LOOKING FOR MORE INFORMATION REGARDING THE SKILLED TRADES/APPRENTICESHIP PATHWAY.

Please RSVP by emailing nicole.beuckelare@lkdsb.net or warren.seton@st-clair.net before November 15th.



Dear Parent/Guardian,

Ursuline College has partnered with **myBlueprint** to provide your child with an engaging and interactive online education and career planning program.

myBlueprint Education Planner (7-12) includes a number of beneficial resources to support your child as they progress through high school, including:

- ◆ **Who Am I** – 6 unique assessments for self-exploration and discovery (including Learning Styles, Myers-Briggs Personality, Holland Interests, Knowledge, Motivations, and Compatibility)
- ◆ **High School** – A tool to visually plan courses, track progress toward graduation, and instantly identify post-secondary eligibility for opportunities in all pathways
- ◆ **Post-Secondary** – A database to explore post-secondary opportunities and compare detailed information on apprenticeships, college programs, university programs and workplace sectors across Canada
- ◆ **Goals** – An interactive goal setting tool to set S.M.A.R.T. goals and action plans
- ◆ **Occupations** – A database of over 500 occupations to compare comprehensive information on jobs
- ◆ **Resumes & Cover Letters** – Interactive tools to record personal experiences, build resumes and write cover letters
- ◆ **Money** – An engaging budget-making tool to help students track income and expenses and develop financial literacy
- ◆ **Job Search** – A tool to explore real-world job postings that relate to occupations of interest
- ◆ **Portfolios** – A portfolio builder to create multiple portfolios and share it with parents, teachers, or future employers

To explore the features of myBlueprint, you can create a **Parent Account** and link to your child's account. With direct access from home, you can get more informed and involved with your child's education, and support your child in making the most informed decisions for their future.

To create your **Parent Account**, follow these simple steps:

- Visit www.myBlueprint.ca/stclair, click on **SIGN UP at top centre**
- In the **SCHOOL** box, enter your child's school (Ursuline College) click **Create Account**
- Select **Family/Advisor**, then select **Grade 7-12 and CONTINUE**
- Fill out the Personal Info form

Each time you log into myBluePrint – go to Existing User and fill in your email address and the password you used when you created your account.

If you have any questions, please contact the guidance department.

IMPORTANT DATES

Nov. 11	Remembrance Services
Nov. 15	Report Cards sent home
Nov. 18-23	Christmas in Muskoka
Nov. 18-21	Grad Photos
Nov. 21	Dress Down Day
Nov. 22	PD Day
Nov. 26	School Advisory Council Meeting – 6:00 – 7:30 p.m., UCC Library
Dec. 4	Reconciliation
Dec. 6	Hot Dog Day
Dec. 12	Dress Down Day
Dec. 18	Grade Level Advent Mass Celebrations
Dec. 23/19 - Jan. 3/20	Christmas Break
Jan. 24 - Jan. 30/ 20	First Semester Exams
Jan. 30	UCC Open House
Jan. 31	PD Day
Feb. 3	Second Semester Begins

UCC CATHOLIC SCHOOL ADVISORY COUNCIL

The *next meeting* of the Ursuline College Catholic School Advisory Council will be held on
Tuesday, November 26, 2019 @ 6:00 p.m.
in the school library.

UCC welcomes Jeff Moco from CK Public Health to speak about teen vaping

New parents are always welcome.

Meetings are held approximately **6 times a year** and run from
6:00 p.m. until 7:30 p.m.

This is an excellent way for parents to have direct input into the many decisions
that affect the education of their children.

Please contact Mr. Ray Power in the school office for further information.



TekSavvy
solutions inc



Nov. 19-Nov. 23, 2019 at the John D. Bradley Centre

Welcome to 'Christmas in Muskoka'! A community event to support the 300 grade 7 students as well as the UCC Student Leadership Team attending the Muskoka Leadership Camp this May. Forty spectacular, designer Christmas trees will be raffled off!

Tuesday, November 19



The 'Children's Treatment Centre Foundation' in collaboration with 'Christmas in Muskoka' will host the families of the Children's Treatment Centre from 5:00 to 7:00 pm for their annual Christmas Party!



Wednesday, November 20 – 'Preview Party'

THE GLASSHOUSE
Nursery & Garden Centre Ltd.

Sponsored by the 'Glasshouse Nursery' & 'Post Media' on Wednesday, November 20 from 7:00 to 9:00 pm, the grand



POSTMEDIA

opening of 'Christmas in Muskoka' will take place! Complimentary hors d'oeuvres will be served and a cash bar will be available. Purchase your tickets at Ursuline College, Chatham. Tickets are \$15.00.



Thursday, November 21 – 'Grade 7/8 Dance'

A Grade 7 & 8 Dance, sponsored by '99.1 CKXS' & 'Dajcor Aluminum Ltd.' will take place from 6:30 to 9:30 pm. Tickets are \$10 and must be purchased in advance at our Catholic schools in Chatham-Kent. Students are encouraged to bring non-perishable food items for a ballot to win various door prizes.



Friday, November 22 – 'The Senior's Tea' & 'Tepperman's Community Night'

The Seniors Tea sponsored by the 'Chatham Breakfast House & Grille' & 'Heritage Credit Union' will take place from 1:30 to 3:00 pm. Seniors are welcome to view the Christmas trees, enjoy complimentary tea/coffee & treats and a dramatic play.



Our Catholic Principals & Vice Principals welcome you to Community Night, 6:00 to 9:00 pm! Sponsored by 'Tepperman's', join us for Christmas crafts, live children's theatre (at 7:30 pm) and face painting.

Children may visit Santa and snacks will be available for purchase. Raffle tickets will be on sale for the 40 designer Christmas trees. Admission is \$5 or free with a non-perishable food item.



Saturday, November 23 - 'McDonald's' Family Breakfast'



Breakfast with Santa will be served on Saturday, November 23 from 9:00 to 10:30 am! Tickets to this event include Christmas activities, crafts, face painting, live children's theatre (at 10:00 am) and a hot nutritious breakfast! Admission is \$10.00. Tickets are available at McDonald's Restaurant (inside and cash only please) on St. Clair Street, Chatham.

Throughout the week, don't miss . . .

The 'Ursuline Sisters Interactive Theatre'

Performed twice daily, and at all special events, the Ursuline College Drama Team will present to over 1500 primary students, 'Elf'!



'The Ridge Landfill Community Trust Camp Christmas'



All primary students from our schools who attend the daily sessions will participate in crafts, games and activities perfectly suited for the Christmas season. They will have the opportunity to purchase gifts at 'Santa's Gift Shop'. Staff from 'TekSavvy' will provide face painting!

The 'To Suit Your Fancy' Visit With Santa!

Have you been naughty or nice? Throughout the week, at all of the children's events, 'To Suit Your Fancy' will be hosting Santa Claus for children and families to visit.



The draw for trees will take place on Sunday, Nov. 24 at 8:00 am at the John D. Bradley Centre!

Visit us at: www.ChristmasInMuskoka.org
<https://www.facebook.com/christmasinmuskokascdsb/>

Monthly Wellbeing November



Well-being
St. Clair Catholic District School Board



Faithfulness



School
Mental Health
Ontario

Santé mentale
en milieu scolaire
Ontario

Faithfulness is about having complete trust in someone or something. Through having and showing faithfulness you feel more confident, happier and find it easier to follow through.

We need to provide children/youth with opportunities to be successful through faithfulness.

This could be starting small with a simple task and then building their way up. By starting small, we are allowing children/youth to show responsibility and build confidence through their faith in themselves, others and God. Showing and teaching children/youth to be faithful is leading them to have a better wellbeing both physically and mentally. We need to help them complete this through everyday routines:

- ◆ Home
- ◆ School
- ◆ Play
- ◆ Church
- ◆ Public Places

Encourage Faithfulness Through:

- ◆ Being kind to friends/family and others
- ◆ Completing school work
- ◆ Lending a helping hand
- ◆ Following through on commitments (ie: music, arts, sports, chores, plans, ect.)
- ◆ Being honest

When we engage in these practices, we are showing faithfulness to all aspects of life. A faithful person does what they say and finishes what they start.

Faithfulness Resources:

School Mental Health Ontario:

<https://smh-assist.ca/>

Faith & Health Connection

<https://www.faihandhealthconnection.org/>

Is There a God?

<https://www.is-there-a-god.info/>

Faithfulness Challenge:

Encourage children/youth to think of one thing each week (or bi-weekly) where they can practice/improve their faithfulness. This could be through prayer, self-responsibility, smiles, and kind words, helping a teacher, family member, or within your church. At the end of the week, have the children/youth reflect to see if they were able to improve/reach their goal. If they found it was too easy, push them to try something that would be more challenging to them.

Reminder!

Ask your children about Mind-UP. A program done within our classrooms that encourages faithfulness practices!



Faithfulness is seen Everywhere!

For more information, contact Chris Preece at chris.preece@sccdsb.net

Monthly Wellbeing December



Well-being
St. Clair Catholic District School Board



Joy



School
Mental Health
Ontario

Santé mentale
en milieu scolaire
Ontario

We were given the opportunity to enjoy this life thanks to Jesus. He would not want us to spend our precious time experiencing anything less than joy. It is important that we demonstrate joy, so that others will follow by example.

Experiences that help us feel joy:

Laughter	Acts of Kindness	Positive Social Interaction
Prayer	Play-Filled Activities	Movement

When we practice these above experiences, we are demonstrating joy. This can be done through activities inside and outside, at home and at school. The more you make these actions a habit, the more mentally and physically healthy you will feel.

Above Experiences Can Be Done By:

Talking Openly	Being Polite	Smiling More
Expressing Gratitude	Sleeping Well	Hanging out with Friends
Practicing Faith	Listening Mindfully	Connecting with the Outdoors

Optimism

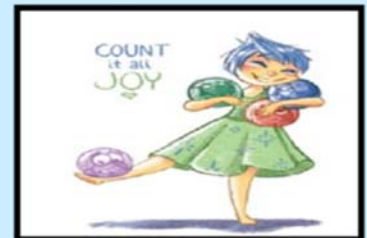
Teaching children/youth about optimism is way to help them experience joy. By helping them to take the optimistic approach of the "glass half full", we are encouraging them to be positive. These type of thinkers believe that success will come with patience and faith when faced with a problem that needs solving.

Scientists have Linked Optimistic Thinking to:

Happiness	Good Health	Better Academic Performance
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Joy Promotes:

- ◆ Positive Emotions
- ◆ Engagement
- ◆ Healthy Relationships
- ◆ Success



Joy Resources:

School Mental Health Ontario

<https://smh-assist.ca/>

Mind UP

<https://mindup.org/>

Mental Health America

<https://www.mentalhealthamerica.net/>

Joy: Challenge

At the end of each day challenge your children/youth to close their eyes, take slow, deep breaths and reflect on one thing that brought them joy this day. This proves that students can find joy in one simple minute.

Reminder!

Ask your children about Mind -UP. A program done within our classrooms that encourages practices of joy!



Joy is a gift from God

For more information, contact Chris Preece at chris.preece@sccdsb.net



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Lighting the Way Rejoicing in Our Journey

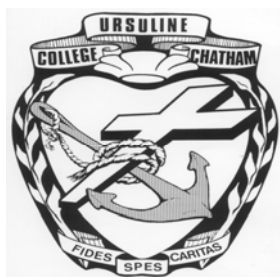
Ursuline College Chatham

Catholic Secondary School

85 Grand Avenue West

Chatham, Ontario

519-351-2987



Open House

Thursday, January 30, 2020

7:00 p.m. U.C.C. Theatre

Tours will follow the presentation



Note: Anyone who requires accommodation (assistive devices, lifts, sign language interpreters, etc.) should report these needs to Ray Power at 519-351-2987 Ext. 25406 or ray.power@sccdsb.net