

# Bullying Prevention Plan for

## Safe and Mentally Healthy Schools

This action plan  
will be posted  
on the school's  
website

School Name: **Ursuline College**

Date: **2019 / 2020**

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 4    Teaching Staff: 1    Non-Teaching: 1    Parents: 2    Community: 1    Admin: 3

Points for Consideration:

Effective Action Plans consider the following sources of information:

- Current survey results (school climate)
- Survey trends
- Suspension reports
- Feedback about safe and mentally healthy initiatives
- Focus groups of students and educational partners
- Audits of physical environment re: safe and mental health safe places
- Review of existing programs and policies
- Information and input from parents and community partners
- Violent incident reports
- Students offered other schools, alt centres, offsite programs
- Referrals to mental health agencies/partners

Effective safe and mentally healthy school programs:

- Are comprehensive in nature and adhere to the Foundations of a Healthy School
- Reflect our mission
- Reflect our faith
- Focus on skill building
- Focus on strengths of students and staff
- Select appropriate targets for change
- Select evidence based strategies and programs
- Include students in the planning, implementing and evaluating of activities
- Include parents in the planning and decision making process
- Focus on changing the social and physical environment
- Attend to effective implementation practices

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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have an anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

<b>GOAL # 1</b>			
<b>Specific Goal:</b>	<b>Specific Implementation Strategies:</b>	<b>Timelines:</b>	<b>Indicators Of Success:</b>
<p>Staff, students, parents and school community promote and sustain student well-being and positive behaviour in a safe, accepting, inclusive and healthy learning environment.</p> <p><u>From our School Improvement Plan:</u></p>	<p>Lancer Link Gr. 9 Day            Conduct assemblies            Diversity fashion show            Indigenous group - Kidwin Zhingwaak            Youth officer            Daily prayer/Meditation            Student Council            Promoting and embracing OCGE’s</p>	<ul style="list-style-type: none"> <li>● During grade level assemblies at the beginning of each semester;</li> <li>● Ongoing throughout the semester / school year;</li> <li>● Embedded in classroom teaching, clubs and activities</li> </ul>	<ul style="list-style-type: none"> <li>● Number of youth engaged in extracurricular activities;</li> <li>● Acceptance of differences by staff / students;</li> <li>● Students actively engaged in Wellbeing / Mental Health Group</li> </ul>

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<p><i>Support safe and inclusive Catholic learning and working spaces</i></p> <p><i>Living our Catholic values through prayer and actions</i></p>			
<p><b>Is this goal related to:</b></p> <p><b>School Improvement Plan aligned with the Board Improvement Plan:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Learning &amp; Innovation</b> Teaching transferable skills, critical thinking and creativity</li> <li>➤ <b>Faith &amp; Well-Being</b> Living Catholic values to foster caring, inclusive and safe spaces</li> <li>➤ <b>Partnerships</b> Engaging families, parish and community</li> <li>➤ <b>Catholic Citizenship</b> Inspiring ethical, responsible stewardship</li> </ul> <p>School Climate Survey</p>	<p><b>Stakeholders involved in the implementation and outcome of this goal:</b></p> <p>All staff of the school Lancer Link Team Muskoka Woods Team Leadership class Student Council Club leaders &amp; Coaches Wellbeing / Mental Health Group Me-to-we club Pedagape club Chaplain</p>	<p><b>How will you communicate the goal to stakeholders:</b></p> <p>Morning announcements Week at a glance (staff newsletter) Staff &amp; Department Head meetings Flyers in the school School website School newsletter EDSBY Front sign</p>	

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<b>GOAL #2</b>			
<p><b>Specific Goal:</b></p> <p>Make students aware that any type of bullying is not acceptable</p> <p><u>From our School Improvement Plan:</u></p> <p><b><i>Support safe and inclusive Catholic learning and working spaces</i></b></p> <p><b><i>Living our Catholic values through prayer and actions</i></b></p>	<p><b>Specific Implementation Strategies:</b></p> <p>Lancer Link Gr. 9 Day Lancer Link Transition Program for incoming Gr. 9 students Conduct Assemblies Youth Officer Information displays by Restorative Justice Pink shirt day Kindness Week Activities (Nov) Daily prayer messages Community Circles Student Council activities Pedagape faith in action Mental Health Week Activities (May)</p>	<p><b>Timelines:</b></p> <ul style="list-style-type: none"> <li>● During grade level assemblies at the beginning of each semester;</li> <li>● Ongoing throughout the semester / school year;</li> <li>● Embedded in classroom structure &amp; course information packages</li> <li>● During school masses</li> </ul>	<p><b>Indicators Of Success:</b></p> <ul style="list-style-type: none"> <li>● Number of referrals by staff to office for bullying type of behaviour;</li> <li>● Students coming forward to administration to report bullying</li> </ul>
<p><b>Is this goal related to:</b></p> <p><b>School Improvement Plan aligned with the Board Improvement Plan:</b></p> <p>➤ <b>Learning &amp; Innovation</b></p>	<p><b>Stakeholders involved in the implementation and outcome of this goal:</b></p>	<p><b>How will you communicate the goal to stakeholders:</b></p>	

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<p>Teaching transferable skills, critical thinking and creativity</p> <ul style="list-style-type: none"> <li>➤ <b>Faith &amp; Well-Being</b> Living Catholic values to foster caring, inclusive and safe spaces</li> <li>➤ <b>Partnerships</b> Engaging families, parish and community</li> <li>➤ <b>Catholic Citizenship</b> Inspiring ethical, responsible stewardship</li> </ul> <p><b>School Climate Survey</b></p>	<p>Administration Team All staff of the school Student Support Wellness Team (CYW &amp; SW) Chaplain Lancer Link Team Muskoka Woods Team Leadership class Student Council Club leaders &amp; Coaches Wellbeing / Mental Health Group Me-to-we club Pedagape club</p> <p>Administration All Staff Students Parents</p>	<p>Morning announcements Week at a glance (staff newsletter) Staff &amp; Department Head meetings Flyers in the school School website School newsletter EDSBY Front sign</p> <p>School Website School Council Meeting Staff &amp; Department Head Meetings School Newsletter EDSBY</p>
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