



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Agnes Catholic School

Date: October 2019-20

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 110 Teaching Staff 8 Non-Teaching 5 Parents 70 Community: St. Agnes Admin 1

Points for Consideration: Promoting an active healthy school

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none">• Current survey results (school climate)• Survey trends• Suspension reports• Feedback about safe and mentally healthy initiatives• Focus groups of students and educational partners• Audits of physical environment re: safe and mental health safe places• Review of existing programs and policies• Information and input from parents and community partners• Violent incident reports• Students sent to other schools, alt centres, offsite programs• Referrals to mental health agencies/partners	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none">• Are comprehensive in nature and adhere to the Foundations of a Healthy School• Reflect our mission• Reflect our faith• Focus on skill building• Focus on strengths of students and staff• Select appropriate targets for change• Select evidence based strategies and programs• Include students in the planning, implementing and evaluating of activities• Include parents in the planning and decision making process• Focus on the changing the social and physical environment• Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school’s curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1: Keeping an active healthy school			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
-students are engaged in family activities -students are recognized monthly by demonstrating Christian virtues “Heroes in the Hallways” “Disciples in the Hallway” -students are engaged in weekly lunch hour “Chess Club/Lego Robotics Club” -students are engaged in team sports and intramurals -Community Living “Respect Revolution/Captain Positivity”	-one family activity per term/mass/holiday themed/Feast Day -Monthly “Good News Awards” -daily clubs to engage students during lunch hours -STEAM Club -team sports/tournaments/winter intramurals -annually	-daily, weekly, monthly	-respectful behaviour throughout the hallways and school yard -collegial respect toward staff and students and parents

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Is this goal related to: our - student wellness focus	Stakeholders involved in the implementation and outcome of this goal: -CEC STEAM Club itinerant -UCC co-op students -UCC OLC students tutors -St. Agnes Soup Kitchen (Thursdays)	How will you communicate the goal to stakeholders: -regular announcements and newsletters/parent letters	
Goal #2:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders:	

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Goal #3:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders:	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates January 2020