



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action
plan will be
posted on the
school's
website

School Name: Monsignor Uyen Catholic School

Date: December 1, 2019

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students 10 Teaching Staff 1 Non-Teaching 1 Parents 12 Community Admin 1

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal To foster our students wellbeing to form positive relationships and build kindness and empathy	Specific Implementation Strategies: Mind Up Program, VIP Collaborative Problem Solving Playground Student Supervisors	Timelines Ongoing throughout the school year	Indicators of Success: Less reported incidents Teachers reporting of self-regulation improvement in the classrooms
Is this goal related to: Office incident reports Teacher feedback	Stakeholders involved in the implementation and outcome of this goal: Students Educators	How will you communicate the goal to stakeholders: EDSBY Staff meetings	

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Goal #2:			
Specific Goal To reduce incidents of verbal bullying on the playground and in classrooms	Specific Implementation Strategies: Playground Supervision Leadership team Wellness Team/Kindness Crew Monthly Kindness awards VIP Program – Grade 5 School wide assemblies	Timelines Ongoing throughout the year Assemblies to be held three times a year to update on school wide expectations	Indicators of Success: Reduction in the number of incidents being reported to teachers, office and supervisors.
Is this goal related to: Climate survey results	Stakeholders involved in the implementation and outcome of this goal: Students, teachers, playground supervisors	How will you communicate the goal to stakeholders: EDSBY School Advisory Council Meetings Staff meetings Monthly classroom awards	

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Goal #3:			
Specific Goal To increase exposure to #ChooseKind/#chosigentil and expand to include inclusiveness	Specific Implementation Strategies: Wellness Team activities Monthly spirit days Caring adults established Monthly award - Kindness	Timelines Ongoing throughout the year	Indicators of Success: All students know our #choosekind philosophy Less incidents of exclusion in class and playground
Is this goal related to: Climate survey School Advisory Council recommendations	Stakeholders involved in the implementation and outcome of this goal: Teachers Parents Students	How will you communicate the goal to stakeholders: Staff Meetings Newsletters Parent Council Meetings Monthly classroom awards	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates January 2020
