



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: St. Michael Catholic School – Bright's Grove

Date: February 2019

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students: 2 Teaching Staff: 1 Non-Teaching: 1 Parents: 1 Community: 1 Administration: 1

Points for Consideration

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

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Goal #1: Create conditions for students to make good decisions by teaching skills to cope with challenging situations.

<p>Specific Goal</p> <p>To provide opportunities for students to develop leadership skills that can be used in our school and greater community.</p> <p>We are learning to solve problems collaboratively with students so that together, we can create the conditions that allow students to do well and therefore feel more successful.</p> <p>PREVNet</p>	<p>Specific Implementation Strategies:</p> <p>Creation of Leadership Teams to lead school wide activities throughout the year. These teams will be instrumental in providing guidance and being role models for the younger students.</p> <p>Representatives from our Grade 6, 7, and 8 students participated in a workshop in the Fall designed to get their input regarding School Wellness.</p> <p>Child and Youth Workers to lead “Mind Up” for classrooms at the school.</p> <p>Community Police Program for our Gr. 5 students</p> <p>Use of in-class mentor texts</p>	<p>Timelines :</p> <p>October 2018 to June 2019</p> <p>September 2018 - June 2019</p>	<p>Indicators of Success:</p> <p>Projects completed by our School Leadership Teams will be evident throughout the school.</p> <p>Greater student voice and feedback</p> <p>Reduction in conflicts reported</p> <p>Students will have strategies to draw upon when faced with difficult situations</p>
<p>This goal related to:</p> <p>Mental Wellness as well as our most recent School Climate Survey</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Staff will be involved with explicit teaching of coping skills (Example: in PHE)</p> <p>Students</p> <p>Parents</p> <p>Child and Youth Workers</p> <p>Sarnia Police Services</p> <p>Parish Team Representatives</p>	<p>How will you communicate the goal to stakeholders:</p> <p>Classroom discussions with students</p> <p>Communication to Parents through classroom and school newsletters.</p> <p>Technology will be used to get the message out to our community - Innovative Learning Project</p> <p>Parent Council and Staff Meetings</p> <p>Bullying Prevention Week in November 2018</p>	

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Goal #2: Create conditions for staff members and parents, to improve their ability to deal with students who are experiencing difficulties.

Specific Goal	Specific Implementation Strategies:	Timelines :	Indicators of Success:
<p>We are learning to meet our students where they are socially and emotionally so that we can recognize students who are struggling and implement strategies to build relationships that support learning.</p> <p>Classroom teachers tracking student behaviours to be able to offer assistance to those students who need additional support.</p>	<p>Monthly discussions with the staff regarding trends or patterns within the student population.</p> <p>Program Resource Teachers to assist with meeting the needs of students.</p> <p>Look to see if Collaborative Problem Solving (CPS) Training is needed for Staff Lives in the Balance</p>	<p>September 2018 to June 2019</p> <p>Monthly Staff Meetings</p> <p>March 2019 Parent Council Mtg.</p>	<p>Increased parental awareness regarding strategies to address student concerns.</p> <p>Increased and more positive communication regarding the resolution of student conflict.</p> <p>New opportunities will be implemented based on student need. Review of existing programs on a regular basis. Use feedback to make changes to meet student need.</p>
<p>This goal related to the SCCDSB Well-Being Theory of Action:</p> <p>“If we align school climate survey data to the school improvement plan, then the most urgent student needs will be addressed and student well-being will improve. (Action Plan 2016)”</p> <p>http://tinyurl.com/hywwpgw</p> <p>http://tinyurl.com/laghp47</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Child and Youth Worker</p> <p>Parents</p> <p>Staff</p>	<p>How will you communicate the goal to stakeholders:</p> <p>Parent Weekly - Communication Tool</p> <p>Newsletters</p> <p>Parent Council Meetings</p> <p>Staff Meetings</p>	

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Goal #3: Living our Faith			
<p>Specific Goal</p> <p>Increase participation of students in the sacraments</p> <p>School to focus on the Fruits of the Holy Spirit to reinforce the monthly character traits.</p>	<p>Specific Implementation Strategies:</p> <p>Parish team to visit classrooms preparing for Sacraments</p> <p>Use of announcements and daily prayers to highlight the monthly Fruit of the Spirit</p> <p>School Bulletin Boards focusing on Social Justice Topics</p> <p>Invite Board Chaplin (Mrs. Palmer) to lead a Prayer Service for staff in the Spring of 2019</p> <p>NET Retreat and Faith Days</p>	<p>Timelines:</p> <p>September 2018 to June 2019</p>	<p>Indicators of Success:</p> <p>Students will have a better sense of identity and be stronger, more committed and confident Christians</p> <p>Increased participation in the sacraments.</p> <p>Staff will be able to share comments regarding student progress during staff meetings.</p> <p>Activities completed by our Leadership Teams will be evident in the school.</p>
<p>This goal related to our work with:</p> <p>The monthly Fruits of the Spirit, Mentor Texts, Christian Meditation, Scripture as well as visits from the Parish Team.</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Students and Staff</p> <p>Parents and Community Reps</p> <p>Parish Team</p>	<p>How will you communicate the goal to stakeholders:</p> <p>Daily Announcements</p> <p>Class Discussions</p> <p>Classroom and School Monthly Newsletters</p> <p>Empower our intermediate students to be leaders in the school</p> <p>Classroom support from the Parish Team to encourage Positive Mental Well-Being</p>	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: March 2019 and June 2019