



Bullying Prevention Plan for Safe and Mentally Healthy Schools

This action plan will be posted on the school's website

School Name: Holy Trinity Catholic School

Date: Updated - January, 2020

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students 2 Teaching Staff 1 Non-Teaching 1 Parents 1 Community 1 Admin 2

Points for Consideration:

<p>Effective Action Plans consider the following sources of information:</p> <ul style="list-style-type: none"> • Current survey results (school climate) • Survey trends • Suspension reports • Feedback about safe and mentally healthy initiatives • Focus groups of students and educational partners • Audits of physical environment re: safe and mental health safe places • Review of existing programs and policies • Information and input from parents and community partners • Violent incident reports • Students sent to other schools, alt centres, offsite programs • Referrals to mental health agencies/partners 	<p>Effective safe and mentally healthy school programs:</p> <ul style="list-style-type: none"> • Are comprehensive in nature and adhere to the Foundations of a Healthy School • Reflect our mission • Reflect our faith • Focus on skill building • Focus on strengths of students and staff • Select appropriate targets for change • Select evidence based strategies and programs • Include students in the planning, implementing and evaluating of activities • Include parents in the planning and decision making process • Focus on the changing the social and physical environment • Attend to effective implementation practices
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Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

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Goal #1: Create conditions for students to make good decisions by teaching skills to cope with challenging situations.			
<p>Specific Goal</p> <p>We are learning to solve problems collaboratively with students so that together, we can create the conditions that allow students to do well and therefore feel more successful.</p>	<p>Specific Implementation Strategies:</p> <p>Child and Youth Workers to lead “Mind Up” for classrooms at the school.</p> <p>Provide areas for student to self-regulate both inside and outside of the classroom.</p> <p>Collaborative Proactive Solutions (CPS) implemented through the use of Proactive Plan B conversations Lives in the Balance</p> <p>Recess Guardians Program</p>	<p>Timelines :</p> <p>September - May</p> <p>September - June, 2020</p> <p>January-June, 2020</p>	<p>Indicators of Success:</p> <p>Students’ active participation during MindUp classroom program</p> <p>Sensory areas throughout the school</p> <p>Conversations and observations using Plan B language. Staff engaged during CST training and implementation.</p> <p>Completed ALSUP’s for students struggling to find success in the classroom and at recess</p> <p>Increased parental awareness regarding strategies to address student concerns.</p> <p>Grade 6 students teaching/building skills with Grades 1 and 2’s</p>
<p>This goal related to:</p> <p>SCCDSB Strategic Plan goal of Faith and Well Being</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>School staff</p> <p>Child and Youth Workers SCCY Social Workers</p> <p>Collaborative Support Team</p> <p>Families</p> <p>Mental Health and Well Being Lead</p>	<p>How will you communicate the goal to stakeholders:</p> <p>parent meetings</p> <p>SAC meetings</p> <p>Staff meetings</p>	

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Goal #2: Strengthen school culture and a sense of belonging.

Specific Goal	Specific Implementation Strategies:	Timelines :	Indicators of Success:
<p>We are learning to create opportunities that will help all students and families to feel a sense of belonging and acceptance in our school family.</p>	<p>School Leadership Teams</p> <p>Monthly Recognition Assemblies</p> <p>School Initiative of sharing our individual stories</p> <p>Guest speakers</p>	<p>Sept-June</p> <p>Sept-June</p> <p>Dec-June</p>	<p>Increased and more positive communication regarding the resolution of student conflict.</p> <p>Parental attendance at Meet the Teacher/Student Lead Conference night</p> <p>Parental attendance at monthly recognition assemblies</p>
<p>This goal related to:</p> <p>SCCDSB Strategic Plan of Faith and Well Being</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>school staff</p> <p>families</p> <p>guest speakers</p>	<p>How will you communicate the goal to stakeholders:</p> <p>Parent Newsletters</p> <p>Parent Council Meetings</p> <p>Staff Meetings</p> <p>Recognition Assemblies</p>	

Goal #3: Living our Faith

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<p>Specific Goal</p> <p>We are learning to strengthen student and family participation in the sacraments.</p>	<p>Specific Implementation Strategies:</p> <p>Parish priest participates in regular weekly visits.</p> <p>Use of announcements and daily prayers to highlight the monthly Fruit of the Spirit</p> <p>Parish priest present at some school events such as Meet the Teacher, SAC meetings and staff meetings.</p> <p>Regular monthly masses with invitations to families to join.</p> <p>Monthly Recognition Assemblies</p>	<p>Timelines:</p> <p>September to June</p>	<p>Indicators of Success:</p> <p>Students will have a better sense of identity and be stronger, more committed and confident Christians</p> <p>Increased participation in the sacraments.</p> <p>Projects completed by our Leadership teams will be evident in the school.</p>
<p>This goal related to our work with:</p> <p>.</p>	<p>Stakeholders involved in the implementation and outcome of this goal:</p> <p>Students and Staff Parents and Community Reps Fr. Brian Jane and Parish Team</p>	<p>How will you communicate the goal to stakeholders:</p> <p>Daily Announcements Class Discussions Classroom and School Monthly Newsletters Empower our intermediate students to be leaders in the school Classroom support from the Parish Team to encourage Positive Mental Well-Being</p>	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates: April 2020 and June 2020