Bullying Prevention Plan for

Safe and Mentally Healthy Schools

Well-being
St Clair Catholic District School Board

School Name: _____ Date: _____

Safe School Action Team Composition: Please indicate number of representatives in the following categories:

Students ____   Teaching Staff _____   Non-Teaching ____   Parents ____   Community ____   Admin ____

Points for Consideration:

Effective Action Plans consider the following sources of information:	Effective safe and mentally healthy school programs:
- Current survey results (school climate) - Survey trends - Suspension reports - Feedback about safe and mentally healthy initiatives - Focus groups of students and educational partners - Audits of physical environment re: safe and mental health safe places - Review of existing programs and policies - Information and input from parents and community partners - Violent incident reports - Students sent to other schools, alt centres, offsite programs - Referrals to mental health agencies/partners	- Are comprehensive in nature and adhere to the Foundations of a Healthy School - Reflect our mission - Reflect our faith - Focus on skill building - Focus on strengths of students and staff - Select appropriate targets for change - Select evidence based strategies and programs - Include students in the planning, implementing and evaluating of activities - Include parents in the planning and decision making process - Focus on the changing the social and physical environment - Attend to effective implementation practices

Consider some of the following questions to help guide discussion and move you towards developing and selecting your school goals:

1. In what ways is Safe and Mentally Healthy Schools embedded into your school's curricular programs? Are programs evidence based and age appropriate? Do gaps exist in any grade?
2. Do staff know the resources and guidelines provided for Safe Schools and Mental Health by the Ministry of Education? What type of training will be done?
3. Do all stakeholders feel welcome and involved in your school activities? What gaps, if any, are evident?
4. Are there comprehensive initiatives/programs that focus on positive, strength based assets? Are students and parents involved in the planning, decision making for these initiatives?
5. Are faith based practices focusing on spiritual and emotional health promoted as part of safe and mentally health schools?
6. Do you have anonymous confidential reporting at your school? Consider how students and staff report on mental health and bullying in your school.

Based on the information gathered and questions answered above identify up to three goals your school plans to implement. Complete the template below for each goal the team has identified.

Goal #1:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders?	

Goal #2:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders?	

Goal #3:			
Specific Goal	Specific Implementation Strategies:	Timelines	Indicators of Success:
Is this goal related to:	Stakeholders involved in the implementation and outcome of this goal:	How will you communicate the goal to stakeholders?	

Next Safe and Mentally Healthy Schools Action Team Meeting Dates _____   _____