SERVICES IN SARNIA-LAMBTON

St. Clair Child and Youth Services

(519) 337-3701

- Children's mental health centre (0-18 years old)
- Services include:



- clinical services
- community services
- residential services (Community Girl's Home)

Family Counselling Centre (519) 336-0120



STARRting Point
 provides information and referrals for all
 children's services in Lambton County and
 provides a single point of access for all children's
 residential placements

Children's Aid Society

Sarnia-Lambton

(519) 336-0623



Pathways Health Centre for Children (519) 542-3471



A family-centred community agency that serves Lambton County children and youth with physical, developmental and communication needs and their families, as well as adults for some specialized services.

Sarnia-Lambton Rebound





Is committed to supporting young people in reaching their full potential. We support youth who are experiencing difficulties at home, school or with the law.

Services Include:

- Life Choices social skills development for youth 12-17 years old
- SAFE Choices targets youth 12-17 years old to help them make informed decisions on substance abuse

- STAND empowers youth 8-17 years old through motivational strategies to help enable them to make responsible decisions for themselves
- Justice Forums innovative approach to resolve non-violent and minor criminal offences involving youth before the courts
- PASS Positive Alternative to Suspension from School – Gr. 7 – 12
- STAGE Striving Toward Achieving Girl Empowerment (adolescent girls)



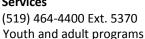
Canadian Mental Health Association – Lambton County Branch

(519) 337-5411

For youth 16 years of age and older

Bluewater Health

• Lambton County Addiction Services (510) 464-4400 Ext. 5370



 Problem Gambling Services (519) 464-4400 Ext. 5370

Community Living – Sarnia Lambton (519) 332-0560

For children with an intellectual disability

Services include:



- Respite
- Social and recreational activities

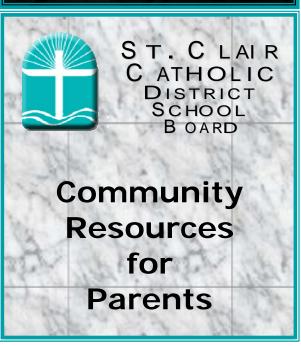
Autism Ontario – Sarnia Lambton (519) 332-0333

For all individuals with Autism Spectrum Disorders

Services include:

- advocacy and support
- information
- public and professional awareness
- programs and services
- presentations







The St. Clair Catholic District School Board is committed to promoting a positive school climate in all of our Catholic schools. This

commitment is a key component in the prevention of aggressive behaviours. A positive school climate exists when there are healthy relationships among students and when we see members of the school community feel safe, comfortable and accepted.

When students struggle with issues related to anger management, bullying and substance abuse, it is important to know where to look for help.

This pamphlet is designed to assist parents and students in accessing resources and community supports that promote positive behaviour and assist in building healthy relationships with peers and adults.

Your school principal and members of the school's student support services team will be happy to help you access any of these community agencies. Many of these services are available at no cost to the families of students in need.



SERVICES IN CHATHAM-KENT

Chatham-Kent Children's Services (519) 352-0440

Services include:

- mental health services for children and families
- child protection services (CAS)
- child development and prevention services

Chatham-Kent Mental Health & Addictions Program

(519) 351-6144



(located at the Chatham-Kent Health Alliance)

- For youth 16 years of age and older
- Referrals accepted from any source



Canadian Mental Health Association

(519) 436-6100

• For youth 16 years and older

Community Living Chatham-Kent

(519) 352-1174 Ext. 225 (Heather Wice)

Community Living Wallaceburg

(519) 627-0777



- For children with an intellectual disability
- Services include:
 - respite
 - social and recreational activities

Family Service Kent

(519) 354-6221



 KIDS Team – single point of access for residential treatment

Rain & Shine Behavioural Counselling

519) 351-6657 (Fee for Service)

In home support services include:

- Parent Coaching
- Child Behaviour Management
- Tutoring
- Day respite

WAYS – Western Area Youth Services

(519) 354-2065 Ext. 2007 Crisis Intervention (519) 354-4095



Services include:

- Crisis support (up to 18 years old)
- Family respite (up to 6 years old)
- Community youth support (14 21 year olds)

Centre for Addiction & Mental Health (519) 360-1829

Services include:



- Information on mental health and addictions
- Child, youth and family programs
- Youth programs

KIDS Help Phone

1-800-668-6868

 Provides immediate bilingual counseling services 24 hours daily



www.kidshelpphone.ca