



ST. CLAIR CATHOLIC  
DISTRICT SCHOOL BOARD  
*Lighting the Way ~ Rejoicing in Our Journey*

## **MEDIA RELEASE: FOR IMMEDIATE RELEASE**

*Monday, June 11, 2018*

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### ***ST. CLAIR CATHOLIC CELEBRATES WELLNESS FOLLOWING A YEAR OF STUDENT-LED EVENTS IN SCHOOLS ACROSS THE DISTRICT***

A special Wellness Celebration is planned to mark the end of a successful year-long schedule of student-led wellness events at St. Clair Catholic schools across the district.

“We are very proud the commitment to wellness our students demonstrated throughout this school year,” says Deb Crawford, Director of Education. “Our school-based wellness committees showed great understanding of this important issue and tremendous creativity in the types of events that were planned in our school communities. Congratulations to the students and to the staff and principals who support them.”

The events focused on a number of themes throughout the year – healthy eating, building confidence, kindness matters, being positive and heroes in the hallway are just a few. The students will report on the success of their events at the Wellness Celebration.

In addition to the student presentations, the day will feature plenty of breaks for physical activity, a nutritious lunch and opportunities for the students to network with wellness committee members from other school communities.

“We are looking forward to a tremendous day of learning, sharing and celebrating our success,” says Chris Preece, Mental Health Lead for St. Clair Catholic.

***The St. Clair Catholic Wellness Celebration will be held at Bogey’s Inn,  
2849 St. Clair Parkway on Wednesday, June 13, 2018 from 10:30 a.m. until  
1:15 p.m. Members of the media are welcome.***