



Food and Beverage

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Policy Statement

The St. Clair Catholic District School Board recognizes the value of promoting to students food and nutrition and healthy lifestyles, which help to advance physical and mental well-being, growth and intellectual development.

Policy Goals

This policy, which meets and exceeds Ministry of Education Policy Program Memorandum 150, ensures consistent messaging to students, parents, volunteers, guests and staff regarding foods and beverages permitted in our schools.

As a result of this policy:

- i. Schools will develop supportive eating environments to assist students in learning to make positive nutrition choices.
- ii. Schools will enforce positive eating habits, which will support academic performance.
- iii. Administration and staff will promote and support positive food choices for students.
- iv. School cafeterias will adhere to the Ministry guidelines in the sale of all foods and beverages.
- v. Principals, staff, school councils, parents, and volunteers will make every effort to understand and work co-operatively to ensure that this policy is implemented.