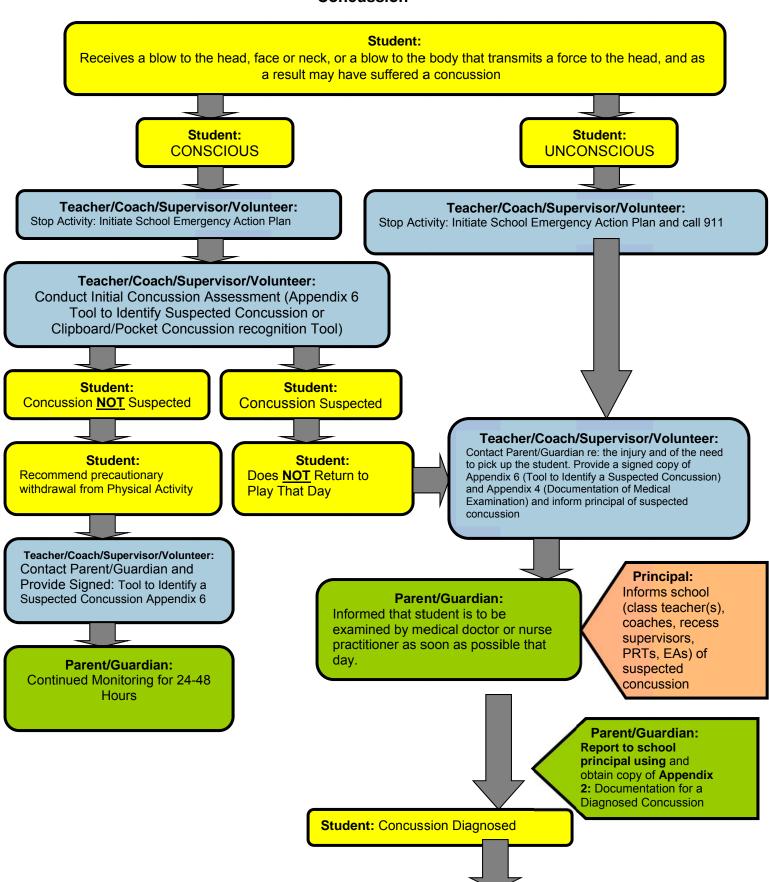


Concussion Management Flow Chart: Roles & Responsibilities in Suspected & Diagnosed Concussion





Principal: Informs school staff of concussion and establishes collaborative team identifying school staff lead (Concussion Liaison/PRTs/Classroom teacher(s)) Plan for gradual Return to Learn: Step 2a and 2b and academic accommodation strategies Appendix 3

Parent/Guardian: Report back to school principal using Appendix 2 Documentation for a diagnosed concussion: Return to Learn/Return to Physical Activity Plan Step 1 (Home)

Student: Complete cognitive and physical rest

Return to Learn/Return to Physical Activity: **Step 1 (Home)**

Student remains at home until acute symptoms improve or student is asymptomatic

Student is monitored for the return of concussion signs and/or symptoms and/or deterioration of work habits or performance. If at any time concussion signs and/or symptoms and/or deterioration of work habits or performance occurs, the student must be examined by a medical doctor or nurse practitioner who will determine which step in the Return to Learn/Return to Physical Activity process the student must return to using Appendix 2: Return of Symptoms Section

Symptoms Are Improving

Student: Return to Learn Step 2a (school) Student returns to school with mild symptoms. Student requires individualized classroom accommodations Appendix 3 prepared by school principal, Concussion Liaison, PRTs and classroom teacher(s) and reviewed with parent/guardian. Student remains in Step 2a until asymptomatic

Parent/Guardian: Report back to school principal using Appendix 2 Step 2a

Symptom Free

Student: Return to Learn: Full Integration of Instructional Day Step 2b (school): Student begins regular learning activities

Parent/Guardian: Report back to school principal using Appendix 2 Step 2b/Step 2

Student: Return to Physical Activity: Step 2 (school) Individual light aerobic physical activity only

Student: Return to Physical Activity: Step 3 (School): Individual sport specific activity only

Student: Return to Physical Activity: Step 4 (School): Activity with NO body contact

Parent/Guardian: Report back to school principal/designate/concussion liaison: include written documentation from medical doctor or nurse practitioner to indicate the student remains symptom free and is able to return to full participation using Appendix 2 Step 4

lnform parent of completion of Step 4 using Appendix 2 STEP 4

Reproduced and adapted with permission from OPHEA, Steps and Responsibilities in Suspected and Diagnosed Concussions, Return to Learn/Physical Activity Plan, 2013 **Student: Return to Physical Activity: Step 5 (School):** Full participation in non-contact sports. Full training in all sports.

Student: Return to Physical Activity: Step 6 (School): Full participation and contact in all physical activity